

Discussing Sex and Gender Identity Across the Curriculum

Matthew Holley, PhD

Ruben Hernandez, MD

Juan Carlos Venis, MD, MPH

Jakoda Snider, MD



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Disclosures: N/A



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Session Objectives:

As a result of attending this session, the participations should be able to:

- Discuss the importance of learners practicing and obtaining a sexual history.
- Describe the various teaching approaches used with medical students and learners.
- Develop strategies for incorporating history taking of LGBT, gender nonconforming, and individuals with disorders of sexual development into existing curriculum.
- Discuss various methods for assessing competency and confidence.



Background:

“Ironically, it may require greater intimacy to discuss sex than to engage in it.”

The Hidden Epidemic
Institute of Medicine, 1997

- Sexual health is important to overall health
- Sexual history is often taught as part of the patient’s social history
- Practicing physicians report inadequate training (Nusbaum & Hamilton, 2002; Tsimtsiou et al., 2006)
- Medical students, residents and fellows report low levels of comfort with taking sexual histories from LGBTQ+ patients (Hayes, Blondeau & Bing You, 2015)
- Presence of LGBTQ+ topics in medical schools is often minimal (Obedin-Maliver et al., 2011)
- Historical issues of how healthcare has treated LGBTQ+ individuals



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Medical School Curriculum

Pre-Clinical Years



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INDIANA UNIVERSITY
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CLASS OF
2021

in numbers



364

Total Students

9

Campuses

154
female



210
male



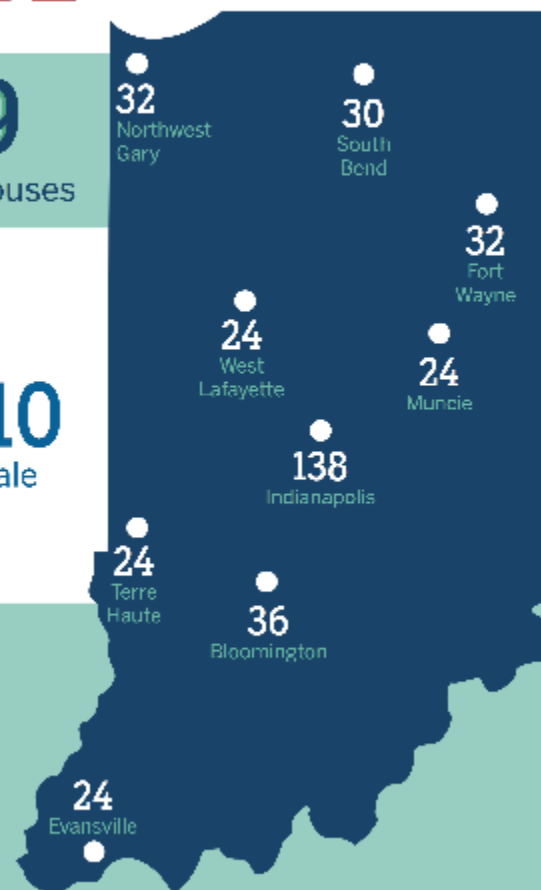
286

in-state



78

out-of-state



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Medical School Curriculum:

LGBTQ+ Curriculum Elements in FCP Year 1 (2017-2018 AY)

- **Online Module: Sex, Gender Identity & Sexuality (~1-1.5 hours)**
 - Developed by Family Medicine Faculty
 - Required of every first-year student statewide
 - Includes pre-reading material from The Fenway Institute
 - Module present a broad perspective and students complete three (3) reflective writing assignments and an LGBTQ+ terminology quiz (formative)
- **Small Group Discussion: Sex, Gender Identity and Sexual Orientation in the Medical Interview (~1 – 1.5 hours)**
 - Required small group session statewide
 - Developed by two family medicine faculty members and includes a standardized facilitator guide and PPT
 - In addition to the mechanics of the sexual history, there are 4 case studies for small group discussion
- **Professional Development Session: Sex, Gender identity & Sexuality (~1 hour)**
 - *Optional session* – decision made by local campus
 - Each campus is required to present at least eight (8) professional development sessions on a set list of FCP topics during the entire 17-18 AY. LGBTQ+ is one of the approved topics.
 - These sessions are intended to be interactive in nature – examples include guest presentations, conversations with community partners, field trips, panel presentations, etc.
 - Indianapolis campus – held a patient panel that included LGT patients and Dr. Juan Carlos Venis (to provide the physician perspective).
 - The Spring 2018 Summative OSCE Case involves a same-sex couple



Medical School Curriculum:

Ideas for 2018 and beyond:

- Revise online module to be make it slightly more robust
- Develop a specific session on asking SOGI (sexual orientation and gender identity) information in the context of the medical interview. Most of what is out there is about EMRs and intake forms – and not the actual conversation with the patient.
- Work with community groups to identify LGBTQ+ individuals who would be willing to come into the FCP small group sessions
- Work with the FCP Y2 directors to develop a trans-specific online learning module. We will continue to present a baseline in FCP Y1 with the hopes that other courses such as FCP Y2, Family Medicine Clerkship, etc. can go deeper because a baseline has been built.



Lessons Learned & Tips for Others:

- Don't be afraid to try something – topic is too important to ignore
- Support from leadership has been incredibly valuable
- Involve LGBTQ+ students/staff/faculty
- Haters gonna hate



Medical School Curriculum

Clinical Rotations & Electives



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LGBTQ Health Clinical Rotations

- Affiliated Trans Health Program at Eskenazi Health lead by two FM physicians
- Student led research projects have resulted
- Sexual minority and gender minority primary care elective opportunity in development involving community partners
- Listening to our learners has helped shape our trajectory. Passionate faculty help too!



Interprofessional Opportunities

- Multidisciplinary Transgender Program
 - Primary care and surgical care
 - Behavioral health, SLP, Legal, etc.
- Ongoing effort with Center for Interprofessional Education to create a team-based student elective in the program
- Areas of potential collaboration: nursing, social work, behavioral health, SLP, etc.





Our Journey: LGBTQ Health Education in the Clinical Years

Past

- Student-motivated active learning (creating an elective opportunity)
- Passive learning opportunities in clinical rotations

Today

- Sexual and gender minority primary care elective development
- Interprofessional trans health clinic elective development

Future

- Active and in demand elective course offerings
- Integrated LGBTQ health considerations throughout the clinical medical experience (FM-led)



Residency Curriculum



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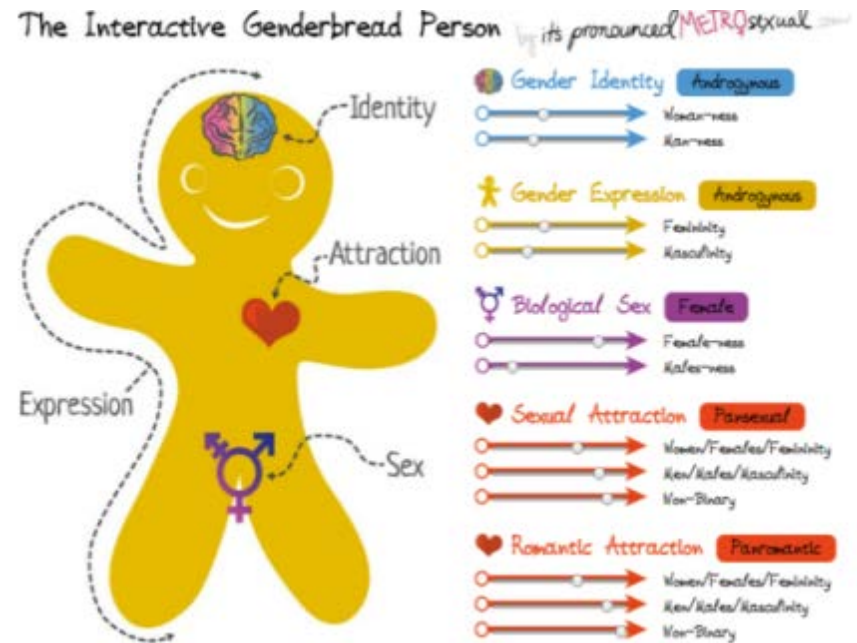
RESIDENCY EDUCATION

Currently:

- Didactic Sessions
- Electives
- LGBTQ Healthcare Update Conference

New this year:

- LGBTQ Health Track

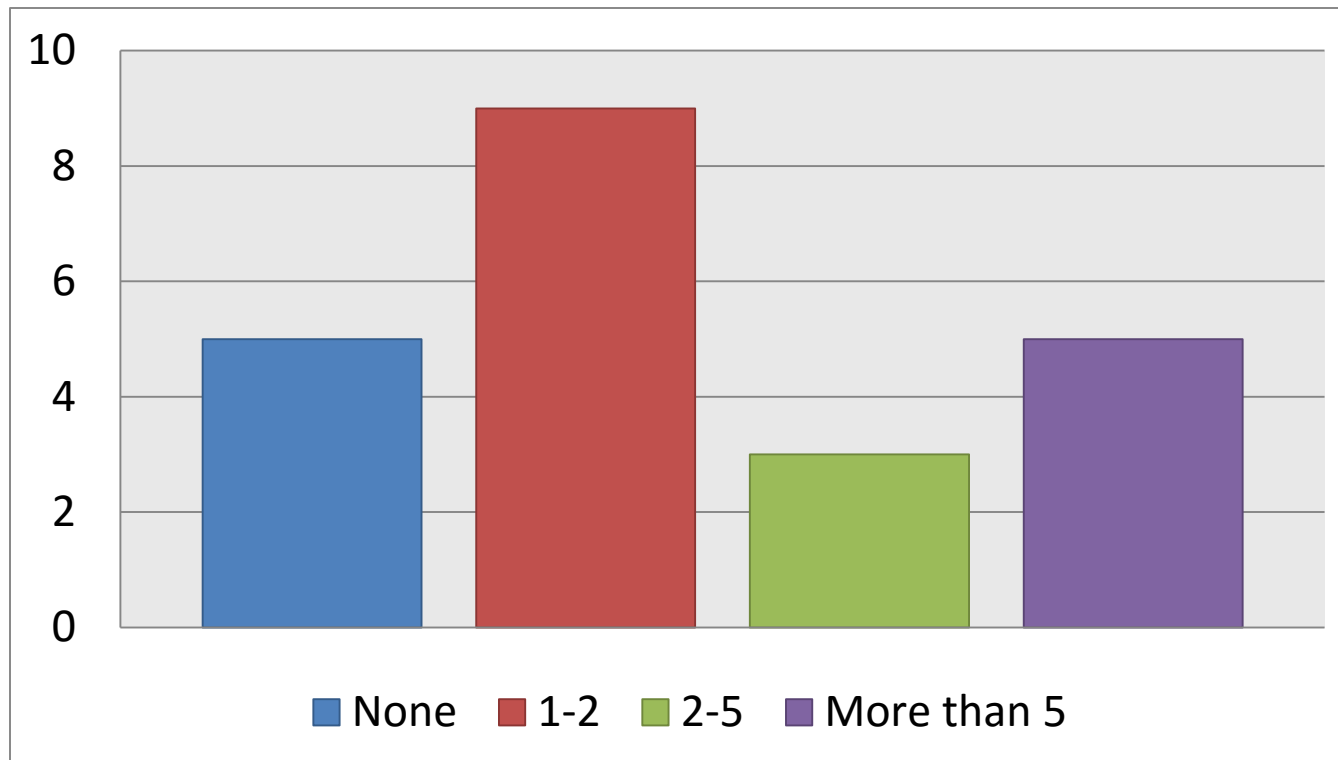


DIDACTIC SESSION OUTCOMES

- 5 hour didactic session
- Pre and post questionnaire
 - PGY 1-3

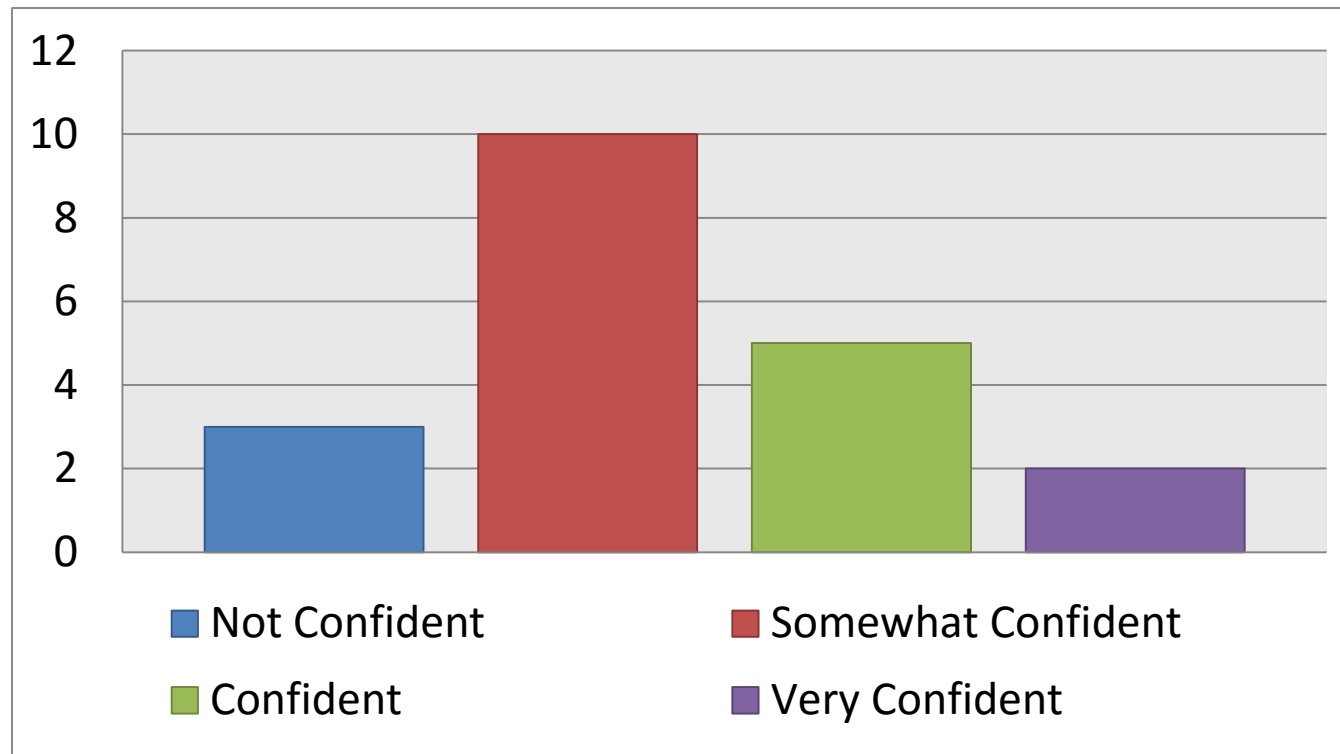


How many hours of education did you received in medical school on LGBT topics, such as terminology and health care?



Pre-Assessment:

How confident are you managing LGBT patients continuity of health care?



Post Assessment:

After today's session how confident are you managing LGBT patients continuity of healthcare?



LGBTQ+ Health Track

| | | |
|---|---|---|
| Intern Year <ul style="list-style-type: none">• Application• Online Modules | 2 nd and 3 rd year: Continuity clinic at the Transgender clinic | |
| | 1 Elective dedicated in 2 nd year, 2 in 3 rd year | Scholar: Presentation National Conference |
| Community Exposure Annual LGBTQ Health Care update Mentoring Program | | |



PARTNERS



Indiana University Health



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Your Ideas & Thoughts



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Questions?

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please contact:

maholley@iu.edu



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