

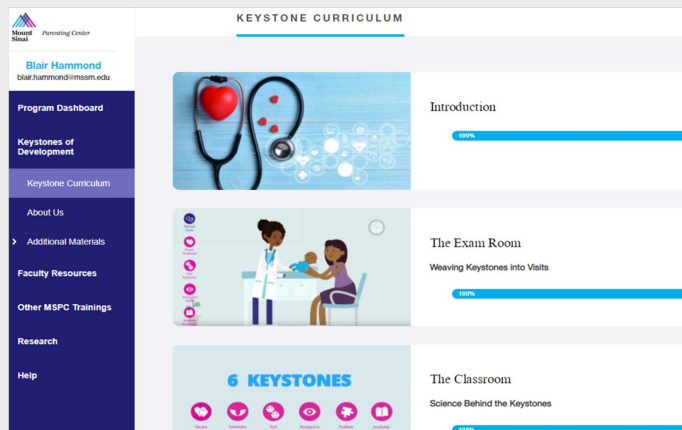
# Promote Early Relational Health and Child Development

The Mount Sinai Parenting Center has developed **FREE resources** for you!



## Keystones of Development Residency Curriculum

FREE 4-hour, self-directed, online curriculum that demonstrates how to weave the promotion of positive parenting behaviors into routine well-child visits.



## Newborn Education & Discharge Class

A 35 minute online class that addresses routine infant care, common parent questions, and ways to promote newborn development and relational health. It can be shared with parents and used to train residents during well baby nursery rotations.

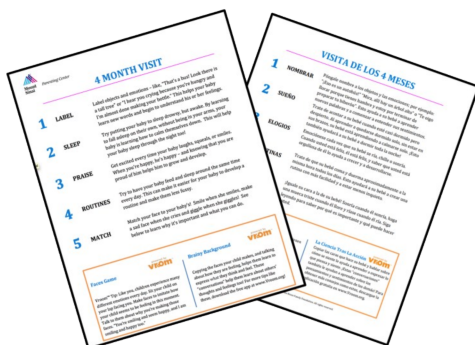


## Tips, Handouts, and Research

**Tip of the Week:** Weekly tip for providers that focuses on ways to integrate concepts of early childhood development into well-child visits.



**Parent Handouts:** Age specific handouts in English and Spanish with tips/activities to promote development.



**KEYNET:** Collaborative network which fosters research focused on the promotion of early relational health and child development.



**Join us at a Keystones related workshop with...**

Karly Pippitt, MD - University of Utah Health

Susan Cochella, MD, MPH - University of Utah Health

Blair Hammond, MD - Mount Sinai Hospital

Quang-Tuyen Nguyen, MD – University of Utah Health

Lianna Lipton, MD, MSc – Boston Children's Hospital

**Title:** Innovative, Online Resources to Promote Positive Parenting Behaviors and Early Childhood Development

**Session Date:** Tuesday, May 3, 2022

**Poster Session Time:** 3:15 PM - 4:45 PM

Coming Soon...



A parent video series designed to deliver standardized and high quality anticipatory guidance that promotes positive parenting and early childhood development to all parents of children birth to age 5 through their healthcare provider.

