

Useful Websites / Resources

Breaking Barriers: an innovative approach to teaching social determinants

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Resources for National, State and Local health-related data:

- Kaiser Family Foundation: <https://www.kff.org/>
- Families USA: <http://familiesusa.org/>
- Commonwealth Fund: <http://www.commonwealthfund.org/>
- Urban Institute: <https://www.urban.org/>
- County Health Rankings: <http://www.countyhealthrankings.org/>
- Congressional Budget Office: <https://www.cbo.gov/>

Kaiser Family Foundation (specific links)

Garfield R, Damico A. *The Coverage Gap: Uninsured Poor Adults in States that Do Not Expand Medicaid*, Kaiser Family Foundation. October 2017. Available at:

<http://files.kff.org/attachment/Issue-Brief-The-Coverage-Gap-Uninsured-Poor-Adults-in-States-that-Do-Not-Expand-Medicaid>

Foutz, J et al. *The Uninsured: A Primer. Key Facts about Health Insurance and the Uninsured under the Affordable Care Act*. Kaiser Family Foundation. December 2017 Available at:

<http://files.kff.org/attachment/Report-The-Uninsured-A-Primer-Key-Facts-about-Health-Insurance-and-the-Uninsured-Under-the-Affordable-Care-Act>

Total Number of Children Ever Enrolled in CHIP Annually (Children's Health Insurance Program)

<https://www.kff.org/other/state-indicator/annual-chip-enrollment>

US Census Data

County specific data is available for all states from the US Census Bureau through:

- Quick Facts <https://www.census.gov/quickfacts>
- American Fact Finder provides county and city level information from the American community Survey <https://factfinder.census.gov>
 - Community Facts
 - Guided Search (lets you select specific topics and categories such as household income and race)

Small Area Health Insurance Estimates (SAHIE) program produces the only source of data for single-year **estimates** of **health insurance** coverage status for all counties in the U.S. It is possible to sort by age, race, gender and income. <https://www.census.gov/programs-surveys/sahie.html>

CDC

National Health Interview Survey

https://www.cdc.gov/nchs/nhis/releases.htm#health_insurance_coverage

US Department of Health and Human Services

“Poverty Guidelines,” U.S. Department of Health and Human Services, Office of the Assistant Secretary for Planning and Evaluation, accessed January, 2018.

<https://aspe.hhs.gov/poverty-guidelines>

Relevant articles:

Levitt, L, *The JAMA forum: Health Care Law that Continues to Escape Death* November 20, 2017. <https://newsatjama.jama.com/2017/11/20/jama-forum-the-health-care-law-that-continues-to-escape-death>

Pill splitting can yield cost savings on common prescription drugs Stanford researchers find. Stanford Medicine News Center August 29, 2002
<https://med.stanford.edu/news/all-news/2002/08/pill-splitting-can-lead-cost-savings-on-common-prescription-drugs-stanford-researchers-find.html>

Videos:

Unnatural Causes is a 4 hour documentary originally aired on PBS and now available through California Newsreel. https://www.unnaturalcauses.org/buy_the_dvd.php

There are seven episodes to the series:

https://www.unnaturalcauses.org/about_the_series.php

“In Sickness and In Wealth (56 min.) How does the distribution of power, wealth and resources shape opportunities for health?

When the Bough Breaks (29 min.) Can racism become embedded in the body and affect birth outcomes?

[Becoming American](#) (29 min.) Latino immigrants arrive healthy, so why don't they stay that way?

[Bad Sugar](#) (29 min.) What are the connections between diabetes, oppression, and empowerment in two Native American communities?

[Place Matters](#) (29 min.) Why is your street address such a strong predictor of your health?

[Collateral Damage](#) (29 min.) How do Marshall Islanders pay for globalization and U.S. military policy with their health?

[Not Just a Paycheck](#) (30 min.) Why do layoffs take such a huge toll in Michigan but cause hardly a ripple in Sweden?"

We show the first 39 minutes of "**In Sickness and In Wealth**" followed by a brief comments/discussion (in lecture setting).

Online podcasts are also available.

Worlds Apart: A Four Part Series on Cross-Cultural Health Care

These films "follow patients and families faced with critical medical decisions, as they navigate their way through the health care system. Filmed in patients' homes, neighborhoods and places of worship, as well as hospital wards and community clinics."

Available for purchase or rent. Facilitators guide available.

http://www.fanlight.com/catalog/films/912_wa.php

We show a 10 minute video on **Robert Phillips**, a health policy analyst who is African-American, believes he's likely to wait twice as long as a white patient for the kidney transplant he needs. The content complements our curriculum on Barriers to Accessing Health Care, Health Disparities, and History of Health Care Discrimination, and serves as the basis for a small group discussion.

We also show a 14 minute video on **Mohammad Kochi**, a devout Muslim from Afghanistan, who had surgery for stomach cancer, and is refusing the chemotherapy recommended by his physician. His daughter thinks he may fear that the kind of chemotherapy offered will prevent him from observing daily prayer, and wonders if a professional interpreter might have avoided misunderstandings. The content complements our curriculum on breaking bad news, culturally effective care with use of an interpreter, and shared decision making

