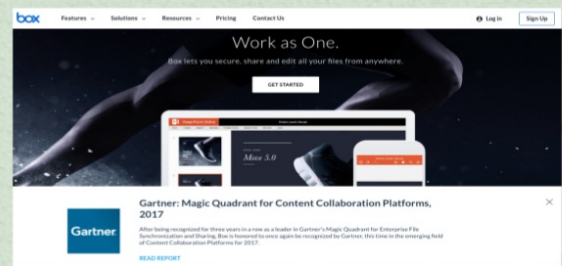


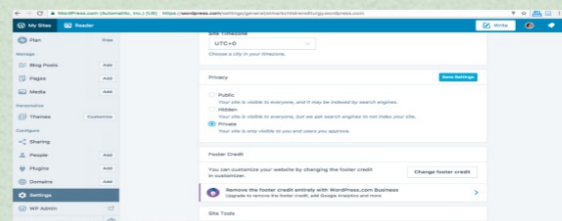
# Establishing a Blog within Your Residency

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● Choose a HIPAA Compliant Cloud based server for storing videos (i.e., box.com)



● Create a blog (i.e. free options like Wordpress that can be designated private)



● Use an iPhone or iPad to tape interactions and upload to server



● Identify and Maintain protected time for residents to use for reflection and peer commenting



