***How* to Stick With It:**

An Action Plan for Establishing and Maintaining a Maternal-Child Health Practice

Use the resources and information you gained from this seminar to develop a personalized action plan that can be implemented to maintain your MCH practice.

1. Identify a MCH mentor.
   1. WHO? (local or regional?)

Contact info for someone in this seminar: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* 1. WHAT? (Identify personal and professional goals to discuss with your mentor.)
  2. WHEN? (Schedule a meeting. At the end of the meeting, schedule follow-up.)
  3. WHY? (Identify the mutual benefits of an MCH mentor-mentee relationship.)

1. Identify the local privileging requirements.
   1. Who controls privileging at your institution (What department? Contact person?)
   2. What are the numbers?
      1. Deliveries to obtain privileges: \_\_\_\_\_\_\_\_\_\_\_ Maintain privileges: \_\_\_\_\_\_\_\_\_\_\_\_
   3. Required certifications? □ ALSO □ NRP □ ACLS □ \_\_\_\_\_\_\_\_\_\_
   4. Obtain policies for consultation/co-management/transfer of care.
   5. Requirements for proctored procedures or deliveries? YES / NO
2. Identify local opportunities for interdisciplinary collaboration.
   1. Administrative opportunities (Institutional Guidelines, Event Review/Safety Committee, Privileging Committee, etc.)
   2. Multidisciplinary education (OB Resident Didactics, TEAM Steps, L&D Drills/Simulations, ALSO, etc)
   3. Opportunities to provide L&D coverage (OB Resident Clinic, OB/CNM Meetings, etc)
3. List strategies for maintaining experience and building a practice:
   1. Identify strategies to deliver your own patients. (Free preg tests, Pregnancy posters in the office, Preconception counselling, Educate desk/phone staff, etc)
   2. Identify referral relationships for prenatal/intrapartum care (Primary care colleagues, Planned Parenthood, free clinics, etc)
   3. Identify the local patient need or an underserved population (Women’s shelters, Substance Abuse Treatment Programs, etc)
   4. Identify resources for high volume clinical experience (Provide L&D coverage, Partner with regional residency, Use your STFM contacts, etc)
   5. Identify resources for CME. (AAFP Family Centered Maternity Care Conference, ALSO, Online tools/CME, etc)

Please contact us with questions!

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