

## ECOMAP WORKSHEET

### *Strengths, Stressors, Supports*

	DOMAIN	SAMPLE INTERVIEW QUESTIONS	NOTES
	<b>Significant Personal Relationships</b> Friends, family, etc.	Who lives in your household? Tell me about the most important people in your life. Tell me about the stressful relationships in your life. Who would you call to share something significant (+/-) in your life?	
	<b>Home/Neighborhood</b> Place of residence and physical area in which your home exists.	Do you feel safe in your neighborhood? Are there neighbors you can call on for assistance? *If disabled or elderly, may inquire about home layout/safety (i.e. steps, handrails, bed/bath on main level, etc.).	
	<b>Social Groups</b> Church, faith/culture, clubs, sports team, etc.	Are you involved in any social or religious groups? Do you have a relationship with others in this group?	
	<b>Education</b> Educational background and current educational interface.	What is your educational background? Does anyone in your family/household attend school? Describe any significant school relationships or stressors.	
	<b>Employment</b>	Are you working (outside the home) currently? Does anyone else in your family/household work? How do you feel about your employment (or lack of)? Do you have a relationship with anyone at work?	
	<b>Community Services</b> Health care, mental health, substance abuse, domestic violence, parenting program, protective services, welfare, legal/court.	Are you currently involved in any community organizations, agencies, or services? Do you find this relationship beneficial?	
\$ RX 	<b>Other</b>	May include other resource questions related to ability to meet basic needs, finances, health insurance/prescription coverage, transportation, etc. Chronic health, mental health or addiction concerns. Could also include hobbies, activities of interest/pleasure, etc.	