The Five Microskills:

- Get a commitment  \textit{(e.g. what do you think is going on?)}
- Probe for supporting evidence  \textit{(e.g. Why do you think so?)}
- Reinforce what was right  \textit{(e.g. provide “warm fuzzies”)}
- Teach General Rules  \textit{(In these type of situations, typically ...)}
- Correct Errors  \textit{(avoiding personal judgmental statements)}