#### **FAMILY MEDICINE RESIDENCY APPLICATION RESOURCES**

\*\*\*Updated 1/16/2018 by HF\*\*\*

**TIMELINE** 

February:

1st Strolling through the Match Meeting: discuss general info, timeline, what is FM/residency like?

March:

Complete 4th year scheduling/elective selection

Post-Match Panel

## April/May:

ERAS token distributed mid-April via Student Affairs

Late April: ERAS/NRMP meeting

ERAS opens end of April

By May 1: apply for AAFP National Conference Scholarship

https://www.aafp.org/events/national-conference/about/scholarships.html

By May 1: Complete Online MSPE worksheet via MyUpstate

Have Draft CV and Personal Statement attached into MyUpstate

Request letters of recommendation

Register for Step 2 CK and CS

Schedule May-June appt with MSPE letter writer

2nd Strolling through the Match meeting: discuss types of residencies, resources, creating CVs, L LoR's, personal statements

# May/June:

Meet with clinical advisor and specialty advisor. May have more than one meeting

Meet with MSPE writer: NO LATER than mid-June

Review transcript/narratives

Register with ERAS (Electronic Residency Application Service)

Begin requesting Letters of Recommendation

## June/July:

Research/ Choose residencies to apply to

Decision electives

Request/track Letters of Rec

July 15: MSPE's completed by letter writers

Submit photo to ERAS

Military Match starts in July

Attend National Conference!! (last weekend of July/1st weekend of August)

# August:

3rd Strolling through the Match meeting: discuss competitiveness, how many/types of programs to apply to, application finalization, pre-interview/scheduling tips

Follow up and confirm receipt of Letters of Rec

Complete and send ERAS residency apps

Apply NHSC Students to service program

Review MSPE when prompted by Student Affairs

# September:

**September 15:** Register for NRMP (National Residency Matching Program)

September 15: Have applications submitted to ERAS!

add additional residencies of interest-try to do most by Sept 15 if possible but can add later

Track ERAS data for submission (esp LOR's)

4th Strolling through the Match meeting: discuss Interview and Post-Interview Communication

October: Oct 1: MSPE letter released if you meet with letter-writer on time

watch inbox closely for interview invites: respond ASAP

Organize interview schedule

Start interviewing

# November/December:

Interviews!

Review elective credits for graduation including basic science selective

FMEC (esp if you didn't go to national conference) with residency fair (Nov 9-11, 2018)

November 30: NRMP Registration Deadline!

Dec 1: MUST have taken Step 2 CK and CS

# January:

Interviews

NYS AFP Winter Weekend

Mid-Jan: Rank Order List opens

# February:

5th (final) Strolling through the Match meeting: Post-Interview Communication, Rank List

Mid-end Feb: by 9:00pm Finalize Rank Order List

# March:

Match Week: March 11-March 15? !!! MATCH DAY = March 15!!!

Post-Match Panel: your turn to share wisdom with younger classes

#### **RESOURCES**

### **Residency Application Process:**

<u>SUNY Upstate Career Development Website and Residency Planning Guide</u>--great resources about choosing a specialty, residency planning timeline, CV's, Letters of Rec, MSPE, etc

www.upstate.edu/currentstudents/career/career-com/index.php

http://www.upstate.edu/currentstudents/career/career-com/residency-planning-timeline.php

<u>University of Washington Career Advising Website</u>--Residency Guide for Family Medicine specifically. Very comprehensive and very helpful.

https://depts.washington.edu/fammed/education/advising/apply/

AAFP Medical School and Residency-gives info on how to apply for residency/Strolling through the Match Info

http://www.aafp.org/medical-school-residency.html

# Writing a CV

http://www.acponline.org/medical\_students/residency/borg.htm

https://www.aamc.org/members/gfa/faculty\_vitae/150036/cv\_cv\_tips.html

## **Letters of Rec**

http://meded.ucsf.edu/ume/writing-letters-recommendation-residency

#### Interview

w/

 $\underline{\text{http://www.studentdoctor.net/2009/11/the-successful-match-how-to-succeed-in-your-residency-intervie}}$ 

#### **General Match Data:**

NRMP Match Data-data on competitiveness of Match overall and by specialty.

http://www.nrmp.org/match-data/main-residency-match-data/

Characteristics of Applicants Who Matched to Their Preferred Specialty in the 2016 Main Residency Match:

http://www.nrmp.org/wp-content/uploads/2016/09/Charting-Outcomes-US-Allopathic-Seniors-2016.pdf

#### **General Program Search:**

ACGME Program Search-search by state, just basic info but good way to look at all programs by region

https://apps.acgme.org/ads/Public/Programs/Search

AMSA Online Residency Directory

www.residencyandmedicaleducationguide.com

<u>FREIDA</u> (Fellowship and Residency Electronic Interactive Database Access) by AMA-can search programs by location or keywords. Has basic info re: Step 1 score requirements, requirements for application, characteristics of residents, faculty, and program.

www.ama-assn.org/ama/pub/education-careers/graduate-medical-education/freida-online.page

#### Family Medicine Residency Search and Ranking Info:

<u>Directory of Family Medicine Residency Programs, AAFP</u>-search for residencies based on your preferences of geography, type of program (urban vs rural, community vs academic, other residencies in hospital, size of program, etc. Gives a breakdown of each program by size, salary, numbers by gender and minority, amount of call and vacation, etc.

www.aafp.org/residencies

Upstate Specific Feedback of Residency Programs

Available on Blackboard as a "class"

<u>Doximity</u>-US News and World Report Ranking System of Residencies by Specialty. Can narrow by region, type of program. You must sign up to see full rankings, but it is free for physicians and medical students

https://www.doximity.com/

Under Careers tab → then Residency

**Board Pass Rates for Safety Programs** 

https://www.theabfm.org/cert/residencyperformance\_online.pdf

<u>National Conference of Family Medicine Residents and Students in Kansas City, Missouri</u>: Thursday, August 2 - Saturday, Aug 4, 2018

http://www.aafp.org/events/national-conference.html

FMEC Northeast Regional Meeting: Nov 9-11, 2018 Rye Brook, NY; has residency fair (esp if miss national conference; have had students get "unrejected" from interview)

http://www.fmec.net/regionmeetings.htm

# **BOARD SCHEDULE**

# http://www.usmle.org/step-2-cs/#reporting

# **Step 2 CS reporting timeline**

January 1 - January 27	March 7	March 28
January 28 - March 24	April 25	May 23
March 25 - May 19*	June 20	July 18
May 20 - July 14	August 15	September 12
July 15 - September 8	October 10	November 7
September 9 - November 3	December 12	January 9, 2019

November 4 - December 31

# **Step 2 CK reporting timeline**

Typically available 3-4 weeks later but can be up to 8 weeks

#### **COMBINED PROGRAMS**

Family Medicine-Emergency Medicine

Family Medicine-Internal Medicine

Family Medicine-Preventive Medicine

Family Medicine-Psychiatry

#### **FELLOWSHIPS**

Adolescent Medicine (Certificate of Added Qualification)

**Emergency Medicine** 

**Faculty Development** 

Geriatrics (Certificate of Added Qualification)

Hospice/Palliative Care (Certificate of Added Qualification)

Hospitalist

Integrative Medicine

International

Obstetrics

Preventive Medicine

Research

Rural Medicine

Sleep Medicine (Certificate of Added Qualification)

Sports Medicine (Certificate of Added Qualification)

**Substance Abuse** 

**Urgent Care** 

Women's Health

### **FINANCIAL INFO**

https://students-residents.aamc.org/financial-aid/

 $\underline{\text{https://www.aamc.org/advocacy/meded/79048/student\_loan\_repayment.html}}$