**Behavioral Health Precepting**

**Purpose:**  Teach residents to apply the biopsychosocial model of care during outpatient clinic visits.  Reinforce behavioral screening tools, interviewing and communication skills, and basic counseling and psychotherapeutic skills introduced during Behavioral Concepts. Teach residents time management, problem solving, professionalism, and self-care.

**Goal 1: Support and improve residents’ interpersonal and communication skills.** (Interpersonal and Communication Skills, Professionalism\*)

Objectives: Residents will be able to:

1. Utilize shared agenda setting skills for patient-centered care and time management.
2. Develop therapeutic relationships with patients and their families.
3. Elicit and understand patient’s and family’s perspectives on illness.
4. Show sensitivity to differences in age, gender, culture, sexual orientation.
5. Collaborate with patients and their families on development of treatment plan.

**Goal 2: Support and improve residents’ abilities to identify and intervene in patients’ psychosocial circumstances.** (Patient Care and Procedural Skills, Medical Knowledge, System-Based Practice)

Objectives: Residents will be able to:

1. Assess for psychosocial factors that may impact (positively or negatively) patient's health and healthcare maintenance.
   1. Residents can identify and use different behavioral screening tools when appropriate (PHQ9, CAGE or AUDIT, GAD7, etc.)
   2. Residents can screen for patients at risk for domestic violence, child abuse, elder abuse, suicide, or homicide.
   3. Residents demonstrate knowledge of DSM V to diagnose patients.
2. Present clear, concise, thorough biopsychosocial data; both verbal and written
3. Develop plan with patient (and family) to address patient's psychosocial problems.
4. Provide counseling and education using skills targeted to patient's needs.
5. Demonstrate knowledge of psychopharmacology and other psychotherapeutic interventions.
6. Make appropriate use of behavioral health and social service referrals.
7. Share information and collaborate effectively with behavioral health specialists.

**Goal 3: Support and improve residents’ self-awareness and practice of self-care.**

(Professionalism)

Objectives: Residents will be able to:

1. Identify methods that help residents’ well-being.
2. Identify signs of stress or burnout.
3. Demonstrate support for fellow residents.
4. Discuss emotional reactions, transference and countertransference to patient care.

*\*ACGME Competencies*

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