

# BEHAVIOR CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

**Set a goal or goals:** What behavior do you and your child want to get better?

**Decide on the time period:** For older children keep track of each day, for younger children, divide the day in 2-4 periods of time.

**Use incentives:** Give stickers or mark on the calendar when your child succeeds.