



The 41st Forum for Behavioral Science in Family Medicine:  
Virtual Edition  
***Relationships, Continuity, and Meaningful Practice:***  
***A 2020 Vision for Primary Care***



Department of Family  
and Community  
Medicine

**Wednesday, November 4, 2020** All times Central Standard Time (CST)

11:00 am - 5:00 pm Assembly Hall

11:15 am - 12:45 pm

Special Session  
111

**GATHERING IN  
Together, Apart**

*Corey Smith, PsyD, Courtney Barry, PsyD, Alexander Brown, PhD*

1:00 - 2:00 pm

Ethics / Lecture  
Discussion 101

**Ethics Escape Room: Finding Solutions for Four Common Traps**

*Amber Cadick, PhD, Chris Haymaker, PhD*

Lecture  
Discussion 103

**Suicide in Primary Care: How to Screen and Intervene**

*Steven Hyer, PhD, LCSW, Mark Dixon, PhD, LCSW, David Snowden, PhD, LCSW*

2:05 - 2:35 pm

Special Session  
107

**Zoom-Fatigue Busting Session:  
Reflections on Scholarship in Times of Crisis**

*Sandra Burge, PhD, Julie Rickert, PsyD*

**“Step away from the keyboard!”**

UNHOOK, Relax and Learn

Zoom-Fatigue-Busting Sessions will be  
presented like radio interviews.

2:45 - 3:45 pm

Lecture  
Discussion 104

**Partnering with Pediatrics: Integrating & Teaching Family-Oriented Behavioral Care**

*Richard Brandt-Kreutz, MSW, Kelvie Johnson, MD*

Lecture  
Discussion 105

**Burnout: Is it just a "Yoga Deficiency?"**

*Phillip Phelps, LCSW, Lindsay Nakaishi, MD*

Clinical Practice  
Update 106

**"Are my meds making me crazy?" Psychological Effects of Common Medications**

*Christine Jacobs, MD, Sumaya Ased, PharmD*

4:00 - 5:00 pm

Lecture  
Discussion 108

**Speak Up! Or How One Program Stopped Worrying and Learned to Love Advocacy**

*Alexander Brown, PhD, Meghan Farrell, BS*

Lecture  
Discussion 109

**Narrative Medicine: Creating an Interprofessional Writers Group in a Hospital Setting**

*Hugh Blumenfeld, MD PhD, Tracy Fox, RN*

Clinical Practice  
Update 110

**Post Traumatic Stress Disorder Treatment: Trauma Informed Care in Family Medicine**

*Scott Fields, PhD, William Johnson, MD*

# Thursday, November 5, 2020 (all times CST)



8:00 - 9:30 am

Special Session 201 **WELCOME AND FORUM AT THE FORUM**  
**Catastrophic Change: 2020 Vision through the Covid Lens**  
*Dominique Fons, MD, Kwanza Devlin, MD, Molly Clark, PhD, Julie Rickert, PsyD*

9:45 - 10:45 am

Lecture Discussion 202 **2020 Vision: Bringing Efficiency and Meaning into Focus**  
*Katherine Buck, PhD, LMFT, Adam Guck, PhD*

Ethics / Lecture Discussion 203 **Walking the Walk and Talking the Talk: Ethics, Integrity, and Professionalism**  
*Lynn Simons, PsyD, Meaghan Beasley, MD, Christine Medaugh, MD, Bonny Rye, MA*

Clinical Practice Update 204 **Wait There's Evidence For That? Integrative Medical Treatments for Depression**  
*Stephen Warnick Jr, MD, Laraib Mehdi, MD*

11:00 am - 12:00 pm

Lecture Discussion 205 **From Cradle to Grave: Understanding Patients through Their Values and Life-Course**  
*Mark Dixon, PhD, LCSW, Kathleen McNamara, PhD, LCSW, Chelsea S Arnold, PhD, LCSW*

Ethics / Lecture Discussion 206 **Insta-WHO? To Follow or Not to Follow Residents, That is the Ethical Question**  
*Limor Gildenblatt, PhD, LCSW, Carlie Nikel, PsyD*

Clinical Practice Update 207 **Expanding Pain Treatment Access: Formulating an Ambulatory Pain Management Guideline**  
*Jill Fenske, MD, Thomas Bishop, PsyD*

## 12:00 - 1:00 pm Lunch on your own

1:00 - 2:30 pm

Workshop 208 **A Longitudinal Curriculum for Teaching Professionalism through Storytelling**  
*Richard Feldman, MD*

Workshop 209 **Change that Matters: A Curriculum to Teach Physicians Behavior Change Strategies**  
*Stephanie Hooker, PhD, MPH, Michelle Sherman, PhD*

Workshop 210 **Getting to Know You: Milestones 2.0 & your Behavioral Health Curriculum**  
*Linda Myerholtz, PhD, Kathleen Young, PhD, MPH*

LD 211A **A 15-Minute Exercise for Building Wellness, Relationships, and Meaningful Practice**  
*Adrienne Williams, PhD, Ashley Imburgia, PsyD*

LD 211B **Medical Improv Activities to Develop Clinical Micro Skills, Virtually**  
*Chris Haymaker, PhD*

2:45 - 3:15 pm

Special Session 212 **Zoom-Fatigue Busting Session:**  
**"And Still I Rise": Reflections on Being a Behaviorist in an Upended World**  
*Kathryn Fraser, PhD, Terri Wall, PhD*

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UNHOOK!

3:30 - 4:30 pm

Lecture Discussion 213 **2020 Vision Comes with a Trauma Lens**  
*Sarah Bockhold, LCSW, Stacy Melton, LCSW, Deandra Rangel, LCSW*

Lecture Discussion 214 **More Than Words: Systemic Influences on Effective Doctor-Patient Communication**  
*Hernan Barenboim, PhD, Aaron Grace, PsyD*

Clinical Practice Update 215 **Mood Disorders in Geriatrics**  
*Sarah Kay Welch, DO, Layne Phillips, DO, Samuel Traverso, DO*

Workshop 216\* **The Balint Group Experience: Promoting Relationship Awareness \***  
*Phillip Phelps, LCSW, Shari Holland, LPC, Jose Niño, LCPC, Rebekah Schiefer, LCSW*

\* Please note that this is a two part session and you are also committing to 9:00 - 11:00 am on Friday morning

# Friday, November 6, 2020 (all times CST)



8:00 - 9:00 am

RT 301A-G **Round Table Discussion Sessions** *see supplement*

9:00 - 10:00 am

Lecture Discussion 302 **How to Rediscover the Joy of Clinic: Reframing Your Experience of "Heartsink Patients"**  
*Timothy Spruill, MA, EdD*

Ethics / Lecture Discussion 303 **"Lies, Damned Lies and Statistics": Shifting the Evidence-Based Medicine Conversation from Math to Ethics**  
*Hugh Blumenfeld, MD, PhD*

Clinical Practice Update 304 **Drinker's Journey - Overview of Alcohol Use Disorders**  
*Patricia McGuire, MD, Marianne Koenig, PharmD, Renee Philson, MD*

Workshop 305\* **The Balint Group Experience: Promoting Relationship Awareness (part 2)**  
*Phillip Phelps, LCSW, Shari Holland, LPC, Jose Nino, LCPC, Rebekah Schiefer, LCSW*

\* Please note that this is a two part session and you must also attend the Thursday 3:30 - 5:00 pm session

10:15 - 10:45 am

Special Session 306 **Zoom-Fatigue Busting Session: Rediscovering our Past...Casting a Vision for our Future**  
*Thomas Bishop, PsyD*

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11:00 am - 12:00 pm

Lecture Discussion 307 **Isolated and Marginalized? Strategies to Build a Community of Connected Colleagues**  
*Lindsay Fazio, PhD, Limor Gildenblatt, PhD, LCSW, Adrienne Williams, PhD, Mary Talen, PhD*

Ethics / Lecture Discussion 308 **Managing Suicidal Risk in Family Medicine: Clinical and Ethical Considerations**  
*Barbara Ackerman, PhD, Wendy Linderholm, PsyD, Jessica McClintock, PhD*

Lecture Discussion 309 **Harm Reduction in Opioid Use Disorder: A Case-Based Evidence Review**  
*John Hayes, DO, Bryan Johnston, MD, Seth Bodden, MD, Elizabeth Wayne, MD*

## 12:00 - 1:00 pm Lunch on your own

1:00 - 2:30 pm

Workshop 310 **Narrative Medicine: Keeping Ourselves and our Learners Engaged in Clinical Practice**  
*Andre Lijoli, MD, Ana Tovar, PhD*

Seminar 311 **Addressing LGBTQ Health Disparities in Residency Education**  
*Terri Wall, PhD, Nina Ruedas, LMFT, Chris Wainwright, MD*

LD 312A **Improving Resident Communication via Interdisciplinary Direct Observation Feedback**  
*Joanna Petrides, PsyD, Meagan Vermeulen, MD*

LD 312B **Expanding Behavioral Health in Family Medicine by Utilizing Trainees**  
*Josh Rainey, PhD, Eric Lester, PhD, Stephanie Case, PsyD*

LD 313A **Medical Improvisation Across the Medical Education Continuum**  
*Alex Reed, PsyD, MPH, Winslow Gerrish, PhD, Valerie Ross, MS, LMFT*

LD 313B **See Om, Do Om, Teach Om, Mindfulness 101 for Family Physicians**  
*Greg Sazima, MD*

2:45 - 3:15 pm

POS/SP 314A-K **Showcase of Scholarly Activity** *see supplement*

3:30 - 5:00 pm

Special Session 315 **KEYNOTE: Racism and Persistent Disparities: Difficult Conversations on the Road to Equity**  
*Kathryn Fraser, PhD, Kristen Hood Watson, MD, Jeff Ring, PhD*

# Saturday, November 7, 2020 (all times CST)



8:00 - 9:00 am

Ethics / Lecture  
Discussion 401

## When Meaningful Practice Crosses Boundaries into Unethical Behavior

*Joanna Petrides, PsyD, Courtney Barry, PsyD, Heather Martens, PsyD*

Lecture  
Discussion 402

## A New Decision Support Tool for Psychopharmacology in Primary Care

*Lance Kelley, PhD*

9:15 - 10:15 am

Lecture  
Discussion 404

## Building Skills for Reflective Practice

*Amy Romain, LMSW, ACSW, Amy Odom, DO*

Lecture  
Discussion 405

## Seeing Obesity Through a Behavioral Health Lens

*Devin Vicknair PhD*

10:30 - 11:30 am

Special Session  
407

## CLOSING PLENARY

### Novice Fish Keeping: Life Lessons That Help Us Navigate Uncertain Times

*Jennifer Ayres, PhD*

11:30 AM

*Adjourn*

## SPONSOR



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## ENDORSED BY



## REGISTRATION

**\$75  
attendance only**  
**\$200 total  
if continuing  
education is  
needed**

## PLANNING COMMITTEE

### Julie Rickert, PsyD, Chair

Medical College of Wisconsin

### Hernan Barenboim, PhD, LMFT

Medical College of Wisconsin

### Molly Clark, PhD, ABPP

University of Mississippi Medical Center

### Scott Fields, PhD

West Virginia University School of Medicine

### Dominique Fons, MD

Unity Point Health

### Kathryn Fraser, PhD

Halifax Health

### John Freedy, MD, PhD

Medical University of South Carolina

### Aaron Grace, PsyD

ProHealth Care/Medical College of Wisconsin

### Allison Seavey, LCSW

St Marks Family Medicine Residency Program

## ACCREDITATION

The Medical College of Wisconsin is accredited by the Accreditation Council Continuing Medical Education to provide continuing medical education for physicians.

**Physicians** - The Medical College of Wisconsin designates this live activity for a maximum of 22.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

**Allied Health Professionals** - The Medical College of Wisconsin designates this activity for up to 22.5 hours of participation for continuing education for allied health professionals.

**Psychologists** - The Medical College of Wisconsin is approved by the American Psychological Association to sponsor education for psychologists. The College of Wisconsin maintains responsibility for this program and its content. This activity contains content or processes that may be potentially stressful.

**Social Workers** - Application for Continuing Education has been filed with the National Association of Social Workers (NASW). **Determination of credit is pending**

**Licensed Marriage and Family Therapists** - Application for Continuing Education has been filed with the American Association for Marriage and Family Therapy (AAMFT). **Determination of credit is pending**

**Family Practice Physicians** - Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending**



## TARGET AUDIENCE

Physicians, behavioral scientists/coordinators and allied health professionals in medical education

## WEB SITE: (will be updated, please check back)

Detailed abstracts and links to registration

<https://ocpe.mcw.edu/family-medicine/41stforum>



## Friday, November 6, 2020 SUPPLEMENT

### 8:00 - 9:00 am Round Table Discussion Sessions

- Round Table 301A **Implementing a Diversity and Inclusion Curriculum in an FP Residency Program**  
*Sonya Dominguez, MD, Terri Wall, PhD, Jennifer Snell, MD*
- Round Table 301B **Sunshine Wellness Project: Residency & Physician Wellness**  
*Nicole Delgado-Salisbury, EdD, Sandeep Gulati, DO, Sonia Velez, MD, JD*
- Round Table 301C **Integration of Behavioral Health in the MAT Clinic**  
*Stacy Melton, LCSW, Sarah Bockhold, LCSW, Deandra Rangel, LCSW, Michael Connolly, MD*
- Round Table 301D **Which Milestones Today? On Being a Mother in Academic Medicine**  
*Grace Pratt, PhD, LMFT, Aubry Koehler, PhD LMFT*
- Round Table 301E **CHECK UP: Creating Health Education for Constructive Knowledge in Underserved Populations**  
*Megan Cory, BS, Wasif Osmani, BS, Kevin Cory, BS, Nathan Lamberton, PharmD, BCPS, Rebecca Lundh, MD, Staci Young, PhD*
- Round Table 301F **Milestones 2.0 The Interpersonal Communication and Professionalism Crosswalk**  
*Laura Daniels, PhD, Valerie Ross, MS, LMFT*
- Round Table 301G **Behavioral Science Faculty Salaries: 2019 Survey Results and Building for the Future**  
*Linda Myerholtz, PhD*

### 2:45 - 3:15 pm **Showcase of Scholarly Activity: Meet with and discuss projects with authors .** Posters and projects can be viewed in advance in the virtual research hall.

- Scholarly Project 314A **Understanding the Impact of Adverse Childhood Experiences on Adult Health**  
*Alesia Jones, PhD, Leah Patton, BS, Shalini Kumar, BS*
- Scholarly Project 314B **Factors Contributing to Burnout and Resiliency During Medical Residency Training**  
*Paul Bell, PhD, Jeuniece Sampson, MD, Tam Tran, MD*
- Scholarly Project 314C **Feasibility and Acceptability of a Brief Treatment for PTSD in a Family Medicine Clinic**  
*Dana Brandenburg, PsyD, LP, Stephanie Hooker, PhD, MPH, Michelle Sherman, PhD*
- Scholarly Project 314D **Improving Physician Wellness through Electronic Health Record Education**  
*Elizabeth Johnson, DO, Elizabeth Roth, MD*
- Scholarly Project 314E **Deliberate Practice for Training Motivational Interviewing to Medical Students**  
*Alicia Ludden-Schlatter, MD, Nikole Cronk, PhD, Robin Kruse, PhD*
- Poster 314F **Teaching Family Medicine Residents How to Work in Integrated Care Settings**  
*Hernan Barenboim, PhD, Heather Martens, PsyD*
- Poster 314G **Supporting the Whole Team: Including Office and Clinical Staff in a Balint-like Process**  
*Beverlee Ciccone, PhD, Victoria Cox, MD*
- Poster 314H **Wellness in our Workspace**  
*Heather Martens, PsyD, Beth Damitz, MD*
- Poster 314I **Challenges and Skills: Family Medicine Residents' Experience of Suicide Assessment**  
*Mark Dixon, PhD, LCSW, Kathleen McNamara, PhD, LCSW*
- Poster 314J **Faculty collaboration in selecting Residents using an Emotional Intelligence Scale**  
*Stacy Melton, LCSW, William Dixon, MD, Sarah Bockhold, LCSW*
- Poster 314K **Safe Healthy Streets Training Module for Health Professionals**  
*Jeffrey Morzinski, PhD, MSW, Robert Schneider, PhD, Melissa DeNomie, PhD, Heather Martens, PsyD, Marie Wolff, PhD*