

# Provider Pocket Card

## 4 Elements of BI

Raise the Subject

Provide Feedback

Enhance Motivation

Negotiate A Plan

## Diagnosis

Alcohol use, unspecified  
(F10.99)

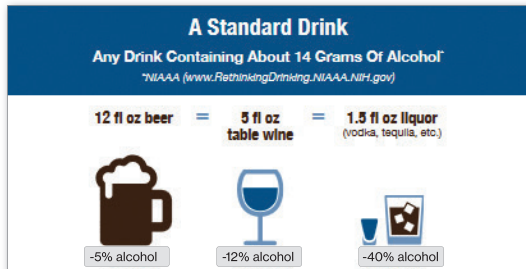
Other psychoactive  
substance use, (F19.90)

## Brief Intervention dotphrase

<Insert here>

## Education for Patient Instructions

<List available materials>



### Lower Risk Drink Limits\*

	Per Day	Per Week
<b>WOMEN</b>	3	7
<b>MEN</b>	4	14
<b>OVER 65</b>	3	7
LESS IS BETTER		

#### AVOID ALCOHOL IF YOU

- take medications that interact with alcohol
- have a health condition made worse by drinking
- are under 21 years of age
- plan to drive a vehicle or operate machinery
- are pregnant or trying to become pregnant

\*No More Than

