

Community Engagement for Health Equity and Trainee Well-being: Lessons from Three Approaches

STFM Annual Spring Conference
2018

Introductions

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Land acknowledgment

Agenda

- Three Approaches to Community Engagement
 1. Clínica Martín-Baró: **Collaboration + Direct Patient Care**
 2. White Coats 4 Black Lives: **Community Empowerment**
 3. Do No Harm: **Direct Action**
- Small Group Discussion
- Share Out



Clínica Martín Baró



- Student-organized free clinic run as a **collaboration** between UCSF and SF State University Latin@ Studies Department
- Provides students with **direct patient care** experience while learning about socio-economic context of health for a specific immigrant community
- Collaborative model designed to support students of color from low-income backgrounds to pursue careers in service of similar communities



White Coats 4 Black Lives

- To eliminate racial bias in the practice of medicine and recognize **racism as a threat** to the health and wellbeing of people of color
- Partnered with Bayview-Hunters Point community to provide **health education** workshops about sexual health
 - Identified community expert (Brittney Doyle), built rapport through line-dancing, outreached in community to meet folx, organized town halls to assess community's needs and asks
- Health knowledge as a powerful tool for self- and **community empowerment**; shared narratives as a radical form of healing and self-love/preservation



Join the Conversation on Twitter: [#STFM18](https://twitter.com/STFM18)

- Healers, health workers, and activists accompanying communities affected by state sanctioned violence
- Show up and support our community partners in whatever ways we are asked to (e.g. Frisco 5, Standing Rock, The Village, Families of people murdered by SFPD)
- Engage in **direct action**



Small Group Discussions

1. What do you see as barriers to community engagement during medical training?
2. How do you think community engagement is related to trainee well-being?
3. What changes in your program might help facilitate trainee well-being through community engagement?

What will you commit to?

Share-Out

Barriers to Community Engagement during Medical Training

- Many trainees are **not from where they train** and/or are not familiar with community work already taking place
- **Divide between Pre-Clinical vs. Clinical years** during Medical School
 - "It's like going to a different country:" difficult to build sustainable relationships
- **Acculturation into "medical community,"** separate from other communities
 - Bleeds into physician-led advocacy work: we need to "go out" and help communities
- "White-coat washing:" **sanitizing lived experiences** into case studies
 - Promotes false "expertise" about marginalized communities
- **Lack of Time/Energy**
 - Ableism in medical training; Long work hours; low (or negative) pay
- **Lack of institutional resources** dedicated to training physicians in community engagement

Community Engagement Promotes Trainee Wellbeing

*“Participation in social justice movement work has been **essential to helping me [stay] grounded** in my medical training...and this feels like an outlet that I can use to know I am at least addressing these systemic factors in some small ways.”*

*“The movement work I've had the opportunity to be a part of and the spaces I've been invited into as a result of supporting community-led social justice initiatives have been **filled with so much love and joy.**”*

*“I feel more grounded in the San Francisco community and have **role-models for the kind of physician I want to be.**”*

*“Medical training is dehumanizing; this work **keeps us sane.**”*

POLICE VIOLENCE IS A PUBLIC HEALTH ISSUE



#DoNoHarm

#DoNoHarmUCSF

MARCH FOR PEACE

SOME MEMBERS OF THE BLACK & BROWN MOVEMENT FROM THE COMMUNITY OF SAN FRANCISCO HAVE COME TOGETHER TO MARCH FROM SAN FRANCISCO TO SACRAMENTO'S CITY HALL ON OCTOBER 6TH, TO BRING AWARENESS TO THE COUNTLESS HUNDREDS OF THE SPO WITHOUT ACCOUNTABILITY OR CONSEQUENCE. WE ARE DEMANDING THAT ATTORNEY GENERAL LAWRENCE BROWN DOES WHAT DA GASSON SHOULD HAVE BEEN DONE AND THAT'S CHARGE THE COPS THAT HAVE MURDERED OUR SISTERS & BROTHERS IN THE STREETS, WITH HONOR.

**14 DAYS
95 MILES**

STARTING OCTOBER 6 2017 FOR 14 DAYS TO SACRAMENTO.

MOTHERS ON THE MARCH



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LISTEN HUMBLLY
#WhiteCoats4BlackLives

WHAT WILL I DO?
#ActionsSpeakLouder

WHAT CAN UCSF DO?
#ActionsSpeakLouder

WhiteCoats4BlackLives
for my family love

