

(Insert program name) TRAINING PROGRAM

Resident Self-Assessment/Reflection

Name (Print)		PGY	Date
The Training Program reflection skills. Each resident needs to compl with program leadership.	n is committed to reside ete the following self-	dent development of ongoing s assessment form prior to each	self-assessment and self- 6-month formal meeting
PATIENT CARE competencies (gather essential/accur based on pt information/preferences, up-to-date scientific ev and families; perform competently all medical/invasive proce	vidence/clinical judgment; d	evelop/carry out patient management	
How I am doing ? (circle) Feel Uncomfortable Need Improvement (circle) A lot	Feel Comfortable Some	Feel Very Comfortable Little to none	
Area(s) in which I feel strong			
Area(s) I need to keep improving			
Specific objectives for next 6 months and strategi			
2			
MEDICAL KNOWLEDGE competencies (demonstrate clinically supportive sciences which are appropriate) How I am doing? (circle) Feel Uncomfortable Need Improvement (circle) A lot Area(s) in which I feel strong Area(s) I need to keep improving Specific objectives for next 6 months and strateging.	Feel Comfortable Some	Feel Very Comfortable Little to none	
Practice based learning competencies (analyze pracevidence from scientific studies related to pts' health probler other information on diagnostic/therapeutic effectiveness; us How I am doing ? (circle) Feel Uncomfortable Need Improvement (circle) A lot	ms; apply knowledge of stur se information technology to Feel Comfortable Some	dy designs/statistical methods to the a o manage/access medical information Feel Very Comfortable Little to none	appraisal of clinical studies and
Area(s) in which I feel strong			
Area(s) I need to keep improving			
Specific objectives for next 6 months and strategi 1	-		
2			

Interpersonal and Communication Skills (create and sustain a therapeutic and ethically sound relationship with patients use effective listening skills and elicit and provide information using effective nonverbal, explanatory, questioning, and writing skills; work effectively with others as a member or leader of a health care team or other professional group)			
How I am doing ? (circle) Feel Uncomfortable Feel Comfortable Some Feel Very Comfortable Little to none			
Area(s) in which I feel strong			
Area(s) I need to keep improving	_		
Specific objectives for next 6 months and strategies to achieve objectives 1	_		
2			
Professionalism competencies (demonstrate respect, compassion, and integrity; responsive to the needs of patients and society that supercedes self-interest; accountability to patients, society, and the profession; committed to excellence and on-going professional development; demonstrate a commitment to ethical principles pertaining to provision or withholding of clinical care, confidentiality of patient information, informed consent, and business practices; demonstrate sensitivity and responsiveness to patients' culture, age, gender, and disabilities).			
How I am doing ? (circle) Feel Uncomfortable Feel Comfortable Feel Very Comfortable Need Improvement (circle) A lot Some Little to none			
Area(s) in which I feel strong			
Area(s) I need to keep improving			
Specific objectives for next 6 months and strategies to achieve objectives 1	_		
2.			
Professionalism competencies Maintaining duty hours within ACGME prescribed limits (no more than 80 hours/week averaged over 4 weeks; 10 hours between shifts; no longer than 30 hours/shift and no new patients after 24 hours) is a challenge for residents on some rotations. Have you been able to develop personal strategies to enable yourself to stay within duty hour requirements?	_		
How I am doing ? (circle) Feel Unsuccessful Feel Generally Successful Need Improvement (circle) A lot Some Feel Successful Little to none			
Area(s) in which I feel strong			
Area(s) I need to keep improving			
Specific objectives for next 6 months and strategies to achieve objectives 1			
2	_		
Systems-based practice competencies (understand how their patient care and other professional practices affect other health care professionals, the health care organization, and the larger society and how these elements of the system affect their own practice; know how types of medical practice and delivery systems differ from one another, including methods of controlling health care costs and allocating resources; practice cost-effective health care and resource allocation that does not compromise quality of care; advocate for quality patient care and assist patients in dealing with system complexities; know how to partner with health care managers and health care providers to assess, coordinate, and improve health care and know how these activities can affect system performance).			
How I am doing ? (circle) Feel Uncomfortable Feel Comfortable Some Feel Very Comfortable Little to none			
Area(s) in which I feel strong	_		
Area(s) I need to keep improving			
Specific objectives for next 6 months and strategies to achieve objectives 1	_		
2	_		
FORM REVIEWED BY (pd, etc.)Date			