UCONN | SCHOOL OF MEDICINE

VITALS COURSE

Interprofessional Education: Palliative Care
Syllabus

Health professions represented: Medicine, Dental Medicine, Nursing, and Pharmacy

Key Words: terminal care, palliative care, hospice care, interprofessional oncology practice

Block/Module: C6: April 16 & 18, 2018

Faculty

  Facilitators: Douglas Peterson, Jennifer Mastrocola

  Content experts: Jill Fitzgerald, Kathryn Goldman, Annette Jakubisin Konicki, Zita Lazzarini,
                       Sarah Loschiavo, Paula McCauley, Patricia Newman, Trinh Pham, Catherine Wilcox

Summary: Interprofessional Education: Palliative Care
This session will explore the biologic, clinical, and ethical dimensions of managing a patient with cancer as they interact with Palliative Care and Hospice teams throughout the course of a life threatening illness, including at the end of life. The role of the interprofessional team in optimizing the patient's dignity and comfort while concurrently supporting the family will be emphasized. A patient-based case will be presented in sequential fashion during the session. At designated intervals throughout the case presentation, there will be small group followed by plenary group discussion to address a key question directed to the case.

Students will be expected to take a time limited individual Readiness Assurance Test (iRAT) prior to the session following the instructions below. All iRAT questions will be linked to one of the following objectives.

Learning Objectives:

At the conclusion of this session, the students will be able to:

1. Develop a trusting relationship with patients, families, and other team members (VE6) *;

2. Use the full scope of knowledge, skills, and abilities of professionals from health and other fields to provide care that is safe, timely, efficient, effective, and equitable (RR5) *;

3. Integrate the knowledge and experience of health and other professions to inform health and care decisions, while respecting patient and community values and priorities/ preferences for care (TT4) *;

4. Understand the differences between Palliative and Hospice Care and what patients would be eligible for hospice care;

5. Describe how to identify which patients would benefit from a Palliative Care assessment and the components of a primary palliative care assessment;

6. List, in order, the important steps for delivering bad news and describe how to approach this discussion in a cross-cultural setting;

7. Delineate key pharmacologic interventions for the management of symptoms in patients approaching the end- of-life, particularly in regards to use of opioids;

8. Describe the legal advance directives in Connecticut.

   * Interprofessional Education Collaborative.(2016). *Core competencies for interprofessional collaborative practice: 2016 update.* Washington, D.C.

   https://www.tamhsc.edu/ipe/research/ipec-2016-core-competencies.pdf

Required ReALMs:
(required to prepare for the individual Readiness Assurance Test: iRAT)

1. National Hospice and Palliative Care Organization: Palliative care questions and answers. (Objective 4)
   http://www.caringinfo.org/i4a/pages/index.cfm?pageid=3355

2. NHPCO Hospice Basics Video Series. (Objective 4)
   http://www.nhpco.org/about-hospice-and-palliative-care/hospice-basics-video-series

   Videos 1-5 only (total of 13.16 min)
   not required: Video 6 "Choosing a Hospice".

3. Lazzarini Z. Advanced care planning and legal advance directives *(UConn MediaSite).* (Objective 8)
   http://mediasite.uchc.edu/mediasite41/Play/7dbde71c73b44c3687b00076a72b2e0b1d
   (total of 28.46 min)

4. Swetz KM and Kamal AH. In the clinic: Palliative care. Ann Intern Med. 2018 Mar 6;168(5):ITC33-ITC48. doi: 10.7326/AITC201803060. (Objective 7)
   http://annals.org/aim/fullarticle/2674116/palliative-care

5. Old JL. Communicating bad news to your patients. (Objective 6)
   http://www.aafp.org/fpm/2011/1100/p31.pdf

6. Weissman DE and Meier DE. Identifying patients in need of a palliative care assessment in the hospital setting. J Palliat Med. 2011;14(1):17-23. (Objective 5)
   http://online.liebertpub.com/doi/pdfplus/10.1089/jpm.2010.0347

Required Assignments (to be completed before class):

individual Readiness Assurance Test (iRAT) 11 minutes

Instructions:

   Completion of a 7 question multiple choice examination prior to the session is required.

   This quiz can be located on HuskyCT Blackboard, labeled as "individual Readiness Assurance Test (iRAT)".

   As you soon as you start, the clock will start and you will have 11 minutes to complete the iRAT.

   Upon submission of your answers you will be provided the correct answer, as well as text describing the basis for the correct and incorrect answers.

Required Assignments (to be completed after class):

None

Optional ReALMs:

1. Connecticut State Advance Directives. (Objective 8)
   http://www.caringinfo.org/files/public/ad/Connecticut.pdf

2. Oosterink JJ et al. Interprofessional communication between oncologic specialists and general practitioners on end-of-life issues needs improvement. (Objective 3)
   https://academic.oup.com/fampra/article/33/6/727/2503141

3. Albert RH. End-of-life care: Managing common symptoms. Am Fam Physician 2017;95(6):356-361. (PDF posted). (Objective 7)

Curriculum Mapping:

Medical and Dental Medical students:

      COrE: B7
      COrE: B10

Nursing students:

    All NP students:

      NURS 5060: Module 1: Cellular Biology
      NURS 5062: Advanced Health Assessment
      NURS 5070: Module 11-12 Pharmacology and Pain

    Primary Care students:

      NURS 5410: Common and Comorbid health problems in APN Primary Care.
            (Musculoskeletal pain; Honor my wishes", EOL Care, Palliative Care, Hospice & Ethics.) Fall semester

      NURS 5420: Complex and comorbid health problems in APN PC Practice IV
            (chronic pain management & opioid prescribing) spring semester

      NURS 5429/49: APN Practicum III. Palliative Care IPE activity. Spring semester

    Acute Care students:

      NURS 5160: Acute and chronic pain management; opioid guidelines

Pharmacy students:

    PHRx 3040: Neurology
    PHRx 4055: Advanced Clinical Concepts in Pain Management
           elective course (P2 or P3 Fall, prior to 2017)
    PHRX 3003: (P1 Spring) Nutrition module discusses CAM treatments
    PHRx 5044: Oncology/Hematology