





EPAs and Milestones: The Best of Both Worlds for an Efficient CCC

Emily Colson, MD (Emily.Col@RiverStoneHealth.org)
Michael D. Geurin, MD, FAAFP (Mike.Geu@RiverStoneHealth.org)
Richard Payden, MD (Richard.Pay@RiverStoneHealth.org)

Session L019B ● May 6, 2017 ● No conflicts of interest or other disclosures

Objectives: On completion of this session the participants should be able to

- Compare and contrast the EPAs for Family Physicians with the ACGME Family Medicine Milestones.
- Construct an evaluation system that obtains Milestones data from EPA-based evaluations.
- Initiate the process of collecting Milestone and EPA data into an electronic evaluation system to support an efficient CCC.



Disclosures

We have nothing to disclose.





How familiar are you with the Milestones?

- A. Pretty familiar (e.g., I know that PC-1 is acute care and PC-5 is procedures without looking it up)
- B. Somewhat familiar (I understand we have Milestones and what they are used for)
- C. Not very familiar at all
- D. Milestones??



How familiar are you with the Entrustable Professional Activities (EPA) for Family Medicine?

- A. Pretty familiar (our program is using them!)
- B. Somewhat familiar (I've read them, but not using them at all)
- C. Not very familiar at all
- D.EPAs??



Are you on your program's Clinical Competency Committee (CCC) and/or evaluations team?

- A. On a CCC separate from the evaluations team
- B. On an evaluations committee separate from the CCC
- C.On a CCC that also is our evaluations team
- D.On neither



Which evaluation system do you use in your program?

- A. MedHub (E*value)
- B. MyEvaluations
- C. New Innovations
- D. Other electronic system
- E. Paper-only evaluations



Background



What are EPAs?

- "Entrustable Professional Activities"
- A way of describing what we do as medical professionals

FM02 Care for patients and families in multiple settings

FM15 Develop trusting relationships and sustained partnerships with patients, families and communities



Competencies versus EPAs

Competencies

person-descriptors

knowledge, skills, attitudes, values

- content expertise
- health system knowledge
- communication ability
- management ability
- professional attitude
- scholarly skills

EPAs

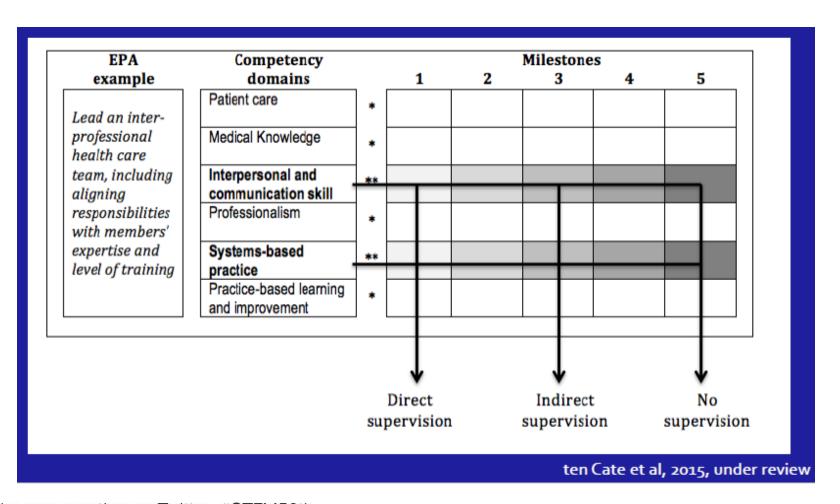
work-descriptors

essential tasks in professional practice

- discharge patient
- counsel patient
- lead family meeting
- design treatment plan
- Insert central line
 Olle tenCate. PhD. The 2015 ACGME Annual Education Conference

Resuscitate patient

Entrustable Professional Activities





EPAs in GME

- EPAs are outcome based and therefore easier to observe. Also easier for nonacademic attendings to assess.
- However, we can't just use EPAs in evaluations.
 - We need core faculty observations of the more granular pieces of the Milestones in order to avoid a Kirk looking like a Picard on paper.



EPA-Based Assessment



EPA based assessments

Milestone based semiannual evaluations



CCC: A difficult task

The Clinical Competency Committee should:

Electronic data aggregation systems are essential for efficient CCC review of "all" evaluations

review_all resident evaluations semi-annually; (Core)

prepare and ensure the reporting of Milestones evaluations of each resident semi-ann ally to ACGME; and, (Core)

advise the program director regarding progress, including promotion, remed dismissal. (Detail)

End result needs to be in form of Milestones

dent

and



Dilemma for Evaluations

- If evaluations **not** in Milestone language, then there is a lot of "translating" going on.
- If evaluations **are** in Milestone language, then the evaluators are often lost in the language.



Family Medicine EPAs

FAMILY MEDICINE®
for AMERICA'S HEALTH

HOME

ABOUT

Entrustable Professional Activities

EPAs for Family Medicine End of Residency Training [PDF]

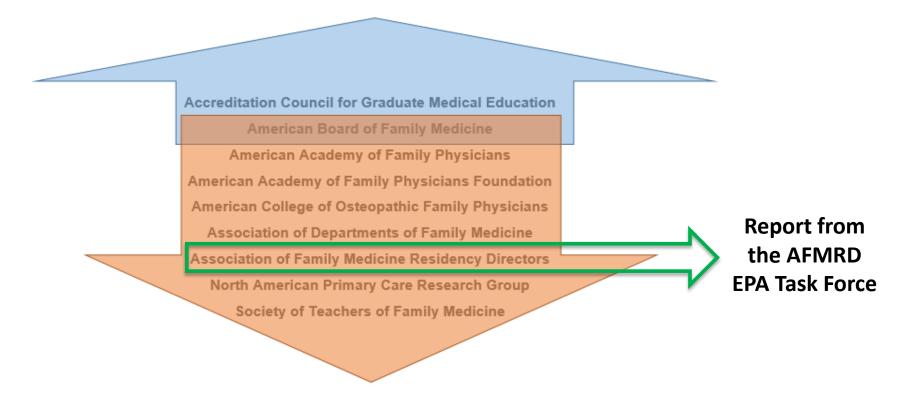


Family Medicine EPAs

- Diagnose and manage chronic medical conditions and multiple co-morbidities.
- 8. Diagnose and manage mental health conditions.
- Diagnose and manage acute illness and injury.
- Perform common procedures in the outpatient or inpatient setting.
- 11. Manage prenatal, labor, delivery and post-partum care.
- 12. Manage end-of-life and palliative care.
- 13. Manage inpatient care, discharge planning, transitions of care.
- 14. Manage care for patients with medical emergencies.



The Family Medicine Milestones



Entrustable Professional Activities for Family Physicians



AFMRD EPA Task Force: What have the given us?

- Mapping independent performance of each EPA to specific milestone levels in the subcompetencies
- Interpretation of EPAs
- Suggested data sources
- Suggestions for use of EPAs in program

EPAs N	/lap	эре	ea	to :	Suk	СС	m	pet	er	
EPA Number	1	2	3	4	5	6	7	8	9	
Patient Care 1 Cares for acutely ill patients	EPA	# 7		Diagr multi	ose a ple co	nd ma -morl	anage oiditie	chro	nic n	nedical conditions and
Patient Care 2 Cares for patients with chronic conditions	Interpretation			Graduates of family medicine residencies will use an evidence based and patient- centered approach to						
Patient Care 3 Disease prevention and health promotion				address the goals of this EPA, recognizing the complexity of managing multiple co-morbidities. The						
Patient Care 4 Manages unclear diagnoses		resident will need chronic disease management skills in nearly every clinical setting. Primarily, these skills								
Patient Care 5 Performs appropriate procedures					-	-			_	dult patients.
Medical Knowledge 1 Performs appropriate procedures	Suggested Resident patient panel data Global Home and Nursing Home visit evaluations						valuations			
Medical Knowledge 2	Evaluation			Inpatient rotation evaluations						
I Andies misical shiphing	орре	ortuni	ties:		y Med ent re				•	or evaluations





Look at mapping grid and EPA interpretation

EPA #7	Diagnose and manage chronic medical conditions and multiple co-morbidities
Interpretation	Graduates of family medicine residencies will use an evidence based and patient- centered approach to address the goals of this EPA, recognizing the complexity of managing multiple co-morbidities. The resident will need chronic disease management skills in nearly every clinical setting. Primarily, these skills will be honed while caring for adult patients.

Determine major vs minor linkages

- FM7: Major
 - -PC-2
 - -MK-2
 - PBLI 1
- FM7: Minor
 - -PC-3
 - SBP 2 and 4
 - PBLI 3
 - Prof -3
 - Com 1 through 4



Step 2:

Look at minor linkages

Determine if redundant in your system or with other EPAs

COMM-1: Develops meaningful,	Level 3
therapeutic relationships with	(Respects patients' autonomy in their health care decisions and clarifies patients' goals to provide care
patients and families	consistent with their values.)
COMM-2: Communicates effectively with patients, families	Level 3 (Negotiates a visit agenda with the patient, and uses active and reflective listening to guide the visit
and the public	Engages patients' perspectives in shared decision making
	Recognizes non-verbal cues and uses non-verbal communication skills in patient encounters.)
COM: -3: Develops relationships	Level 3
an reffectively communicates with	(Communicates collaboratively with the health care team by listening attentively, sharing information, and
ph, sicians, other health	giv ig and receiving constructive feedback.)
professionals and health care	
teams	
COMM-4: Utilizes technology to	Level 4
optimize communication	(Effectively and ethically uses all forms of communication, such as face-to-face, telephonic, electronic, and social
	media
	Uses technology to optimize continuity care of patients and transitions of care.)



Step 3:

Look in detail at selected milestone levels

- PC 2 level 3
- MK 2 level 3
- PBLI 1 level 4
- PBLI 3 level 3
- Com 2 level 3
- Com 4 level 4

Can the whole level be affirmed?

Is the level selected appropriate for your setting?

Shifted up to level 4 (PCMH, care complexity)

Only used second milestone in level 3 (registries)





If whole subcompetency applies, consider linking to all levels of the EPA.

This is not explicitly described in the AFMRD report.

- PC 2
- MK − 2
- PBLI 1

Level 1
 entrustment
 mapped to level 1
 milestones, and
 level 2 to level 2,
 etc.

annual spring

Only as an observer Supervision With direct supervision Supervisio

Level 1	Level 2	Level 3	Level 4	Level 5
Describes basic concepts	Identifies pros and cons of	Applies a set of critical	Incorporates principles of	Independently teaches
in clinical epidemiology,	various study designs,	appraisal criteria to	evidence-based care and	and assesses evidence-
biostatistics, and clinical	associated types of bias,	different types of	information mastery into	based medicine and
reasoning	and patient-centered	research, including	clinical practice	information mastery
	outcomes	synopses of original		techniques
Categorizes the design of		research findings,		
a research study	Formulates a searchable	systematic reviews and		
	question from a clinical	meta-analyses, and clinical		
	question	practice guidelines		
	Evaluates evidence-based	Critically evaluates		
	point-of-care resources	information from others,		
		including colleagues,		
		experts, and		
		pharmaceutical		
		representatives, as well as		
		patient-delivered		
		information		

Rapid Fire: EPA FM 19

Step 1: Systems based practice, professionalism and communication are essential to leading care teams

EPA #19	Provide leadership within interprofessional health care teams
Interpre	Graduates of family medicine
tation	residencies will collaborate with and support all members of the health care team to optimize patient care.

Step 2: We decided that these all apply, although some were minor players

- Major:
 - SBP 4
 - Prof 2
 - -Com-3
- Minor:
 - -PC-2 and 3
 - -SBP-2
 - Prof 4



Rapid Fire: EPA FM 19

Step 3: They all looked to be at appropriate levels for our setting, but in some cases only one milestone really hit the mark Step 4: SBP – 4, Prof – 2, and C – 3 applied quite broadly, and so we linked the entire subcompetency, level for level.

- PC 2.4.1 milestone only
- PC 3.3.4 milestone only
- SBP 2.4.2 milestone only
- Prof 4 all of level 3

Note that these are the same as the "major" linkages!



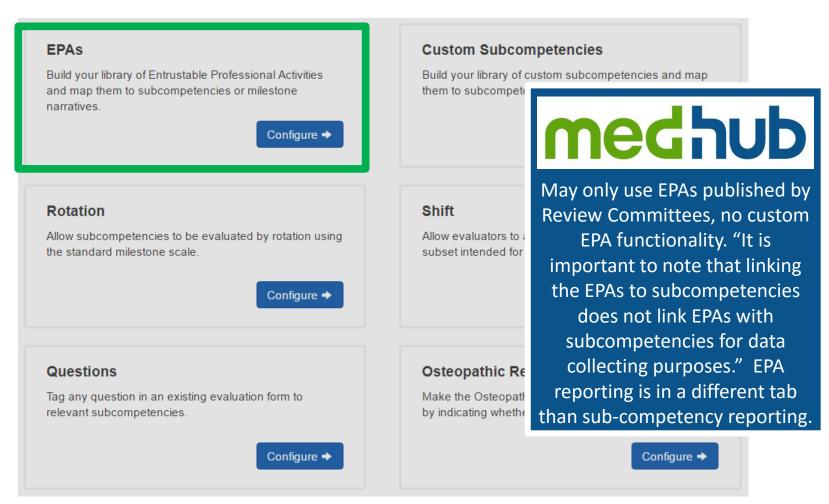
EPAs in Electronic Evaluation Systems

How We Avoid Milestones Tables

- Customized Evaluation Milestone Tables
 - Why use verbatim language when you can improve the language for evaluations?
- Discrete Milestones, Not Tables
 - Why use a whole sub-competency table when you really only need to assess a particular milestone on a given evaluation?
- Circles and Cross-Outs
 - An easy way to get performance information from non-physician sources
- Milestones-Mapped Questions
 - You can map any question to a related milestone for efficient CCC review
- Entrustable Professional Activities
 - Performance on clinical tasks can be mapped to multiple sub-competencies and/or milestones



"Milestone Setup" in New Innovations



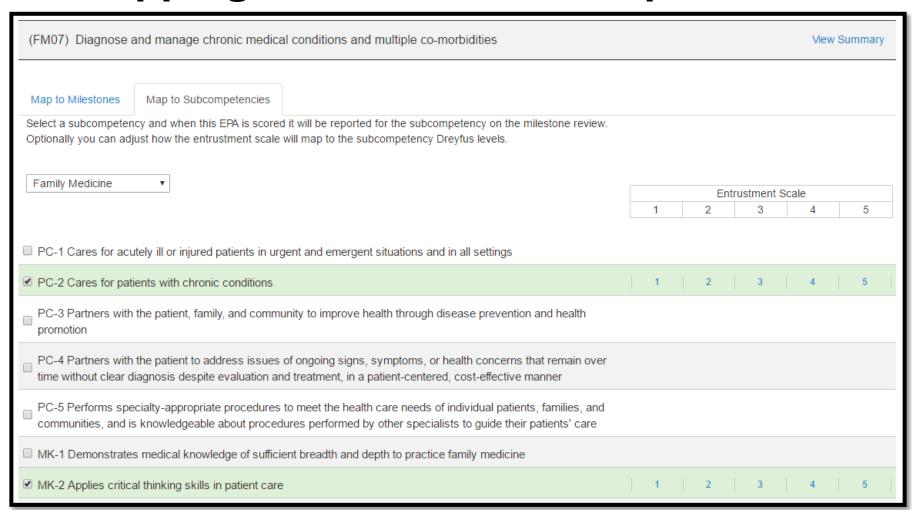


EPA Entrustment Scale

Only as an observer	With direct supervision	With indirect supervision	Independently	As an instructor of junior colleagues	Did not observe
0	0	0	0	0	0

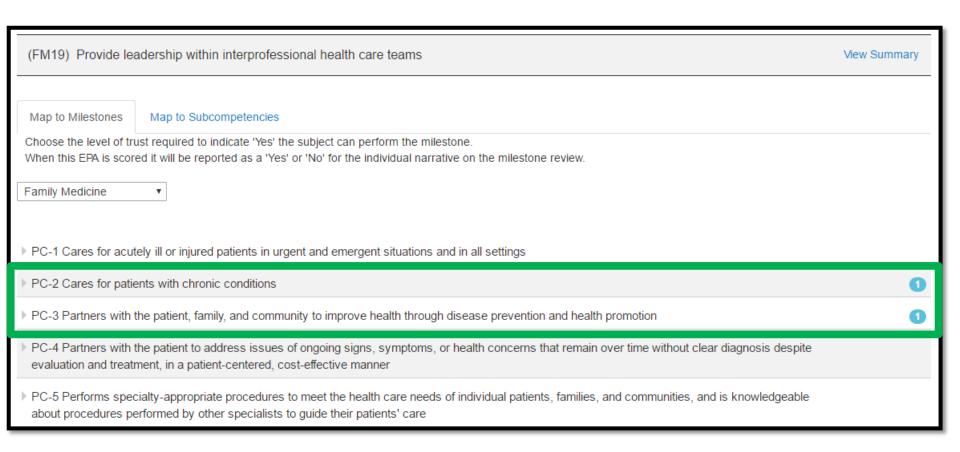


Mapping to Whole Sub-Competencies





Mapping to Discrete Milestones



Join the conversation on Twitter: #STFM50th



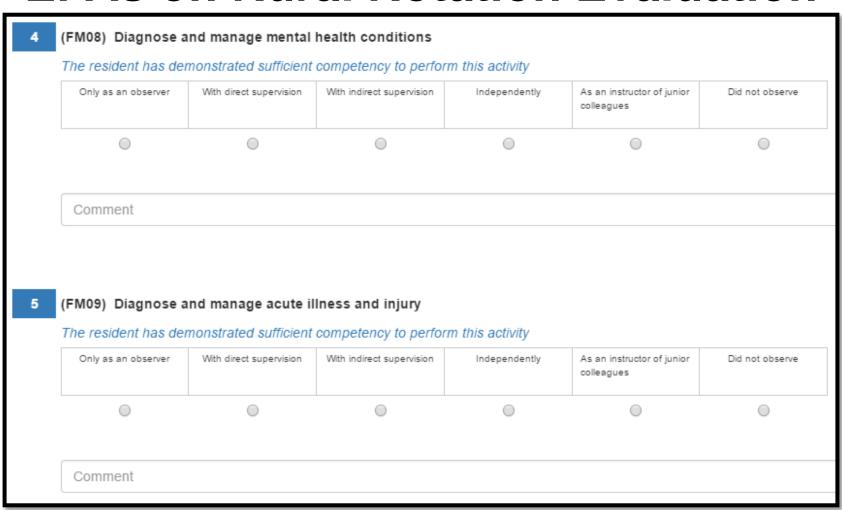
Mapping to Discrete Milestones

PROF-1 Completes a process of professionalization					Ent	trustment 9	Scale	
Level 1				1	2	3	4	5
Defines professionalism				1	2	3	4	5
² Knows the basic principles of medical ethics				1	2	3	4	5
Recognizes that conflicting personal and professional values exist				1	2	3	4	5
4 Demonstrates honesty, integrity, and respect to patients and team members				1	2	3	4	5
Level 2								
Recognizes own conflicting personal and professional values				1	2	3	4	5
² Knows institutional and governmental regulations for the practice of medicine				1	2	3	4	5
Level 3								
ed standards and ethical principles, including the			_			M	3/	
st across the health care team	×	1	2	3		Yes	Yes	
ect and maintain these principles		1	2	3		4	5	$\overline{}$
ect and maintain these principles								

Join the conversation on Twitter: #STFM50th

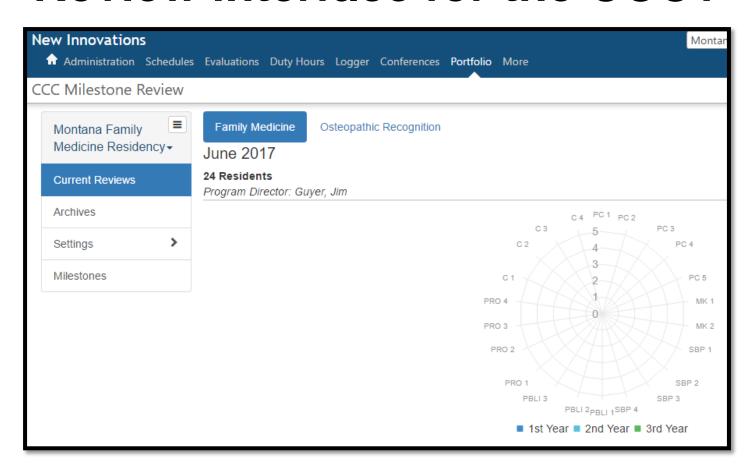


EPAs on Rural Rotation Evaluation



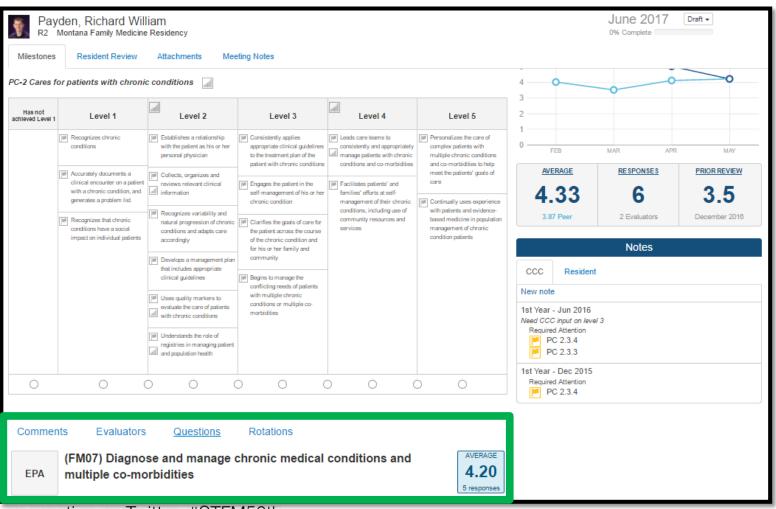


How does this look in the Milestones Review interface for the CCC?





EPA 7 Mapped to Sub-Competencies

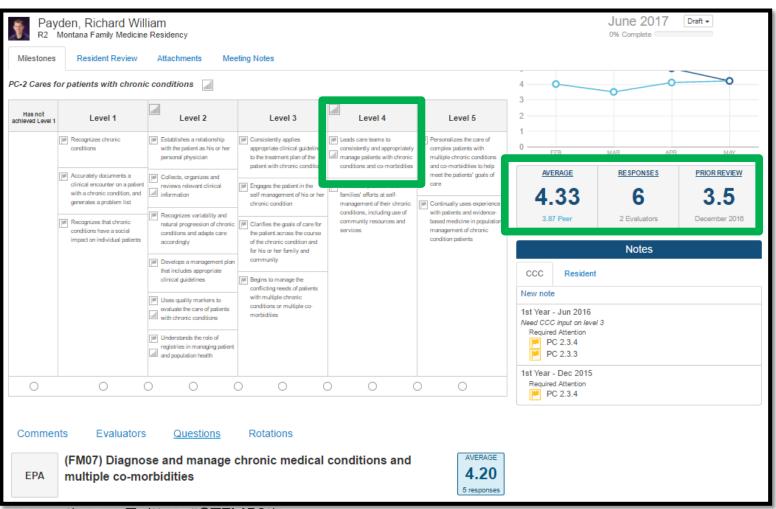


EPA 7 Mapped to Sub-Competencies

	07) Diagnose and manage chronic medical conditions and tiple co-morbidities	AVERAGE 4.20 5 responses
	Geurin, Michael David (Faculty) Sometimes forgets to order important surveillance tests (e.g., microalbumin)I'm glad that his charts still have to be reviewed.	3.00
	5/1/2017 Outpatient Pediatrics BC	
	Geurin, Michael David <i>(Faculty)</i>	5.00
	Patients with multiple chronic diseases have gravitated to him, and he does a great job with them.	3.00
	5/1/2017 Outpatient Pediatrics BC	
9	Geurin, Michael David (Faculty) He should be faculty. 5/1/2017 Outpatient Pediatrics BC	5.00
	Geurin, Michael David (Faculty)	
3	Misses very few details.	3.00
	5/1/2017 Outpatient Pediatrics BC	
	Geurin, Michael David (Faculty) He's got the medical knowledge and decision-making down pat. Has been helping update our chronic disease templates with the most recent guidelinesreally a rock star. - Show Less	5.00
	5/1/2017 Outpatient Pediatrics BC	

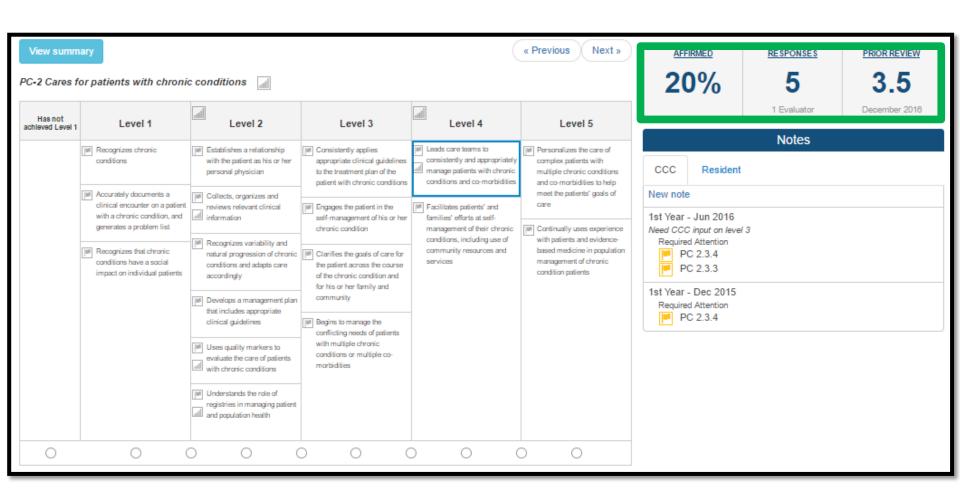


EPA 19 Mapped to Discrete Milestones





EPA 19 Mapped to Discrete Milestones



Join the conversation on Twitter: #STFM50th



EPA 19 Mapped to Discrete Milestones

EPA		19) Provide leadership within interprofessional health care teams	AFFIRMED 20% 5 responses
	9	Geurin, Michael David (Faculty) As his advisor, I am told by his team that he organizes team personnel well and leads team quality meetings. 5/1/2017 Outpatient Pediatrics BC	Y PC 2.4.1
-	9	Geurin, Michael David (Faculty) Still sometimes can be curt and condescending when he is under stress. 5/1/2017 Outpatient Pediatrics BC	N PC 2.4.1
-	9	Geurin, Michael David (Faculty) He appears to have no backbone. 5/1/2017 Outpatient Pediatrics BC	N PC 2.4.1
	?	Geurin, Michael David (Faculty) Emotionally unpredictable. Happened again this afternoon. I hope the program director does something soon. 5/1/2017 Outpatient Pediatrics BC	N PC 2.4.1
	?	Geurin, Michael David (Faculty) I'm not sure 5/1/2017 Outpatient Pediatrics BC	N PC 2.4.1



EPAs based on ACOFP Competencies

(DO5) Understand the indications and contraindications to osteopathic manipulative treatment

(DO4) Describe the role of the musculoskeletal system in disease, including somato/visceral reflexes, alterations in body framework, and trauma

(DO3) Understand the philosophy behind osteopathic concepts and demonstrate this through integration into all clinical and patient care activities

(DO2) Demonstrate, as documented in the medical record, integration of osteopathic concepts and OMT in all sites of patient care including the continuity of care training site, the hospital, and long-term care facility. It is understood that integration implies the use of OMT in such conditions as--but not limited to--respiratory, cardiac, and gastrointestinal disorders, as well as musculoskeletal disorders.

(DO1) Demonstrate understanding and application of osteopathic manipulative treatment (OMT) by appropriate application of multiple methods of treatment, including but not limited to, High Velocity/Low Amplitude (HVLA), strain/counter strain, and muscle energy techniques



Summary

- The AFMRD Task Force has developed resources to help you integrate the EPAs into your residency program.
- Decide which mappings are most important for your program's evaluation system.
- Utilize electronic evaluation system functionality to automatically aggregate EPA data to support an efficient CCC.