**History of Present Illness- note from visit 6 months ago**

Mr. Mickelson is doing reasonably well. He continues to have neck pain, but it has improved with ibuprofen and warm compresses. He notes pain with flexion of the neck, and is without associated numbness, weakness and paresthesias.

**History and Medications**

Phil Mickelson has a past medical history of:

|  |  |
| --- | --- |
|  |  |
| **Patient Active Problem List** | |
| Diagnosis | |
|  | Tobacco Use  Marijuana Use  Cervical strain |
|  |  |
|  |  |

|  |
| --- |
| **Social History** |

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |
| Tobacco Use | | | |
| • | Smoking status: | | Current daily tobacco use |
|  |  | Packs/day: | 1.00 |
|  |  | Years: | 15.00 |
|  |  | Pack years: | 15.00 |
| • | Smokeless tobacco: | | Never Used |
| Substance Use Topics | | | |
| • | Alcohol use: | | Social |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  |  |  |  |
| **Current Outpatient Medications on File Prior to Visit** | | | | |
| Medication | | Sig | Dispense | Refill |
| • | None |  |  |  |
|  |  |  |  |  |

**Physical Examination**

Vital signs:  T- 98.8 BP: 125/76 HR: 76 RR: 16 SpO2: 100%

General: NAD

HEENT: NC/AT, MMM, EOMI

Neck: Trachea midline; TTP over cervical paraspinal muscles; full active flexion, extension, rotation, and lateral flexion

CV: +S1S2, RRR, no M/R/G

Pulm: CTAB

Abd: Soft, NT/NT, + BS

Msk: No edema

Neuro: 5/5 grip strength bilaterally; 5/5 strength in flexor and extensor groups of bilateral upper extremities bilaterally; AAOx4; CN II-XII grossly intact

Psych: Pleasant and cooperative; mood concordant with affect

**Assessment and Plan**

|  |  |  |
| --- | --- | --- |
| **1.** | **Cervical sprain** | **Ibuprofen 600 mg q 8 hrs PRN** |
| 2. | Tobacco use |  |

1) Cervical sprain: Improving slowly; no neurologic deficits. Continue supportive management. Can consider PT if pain persists.

2) Tobacco use: Precontemplative; will continue to offer support at each visit.