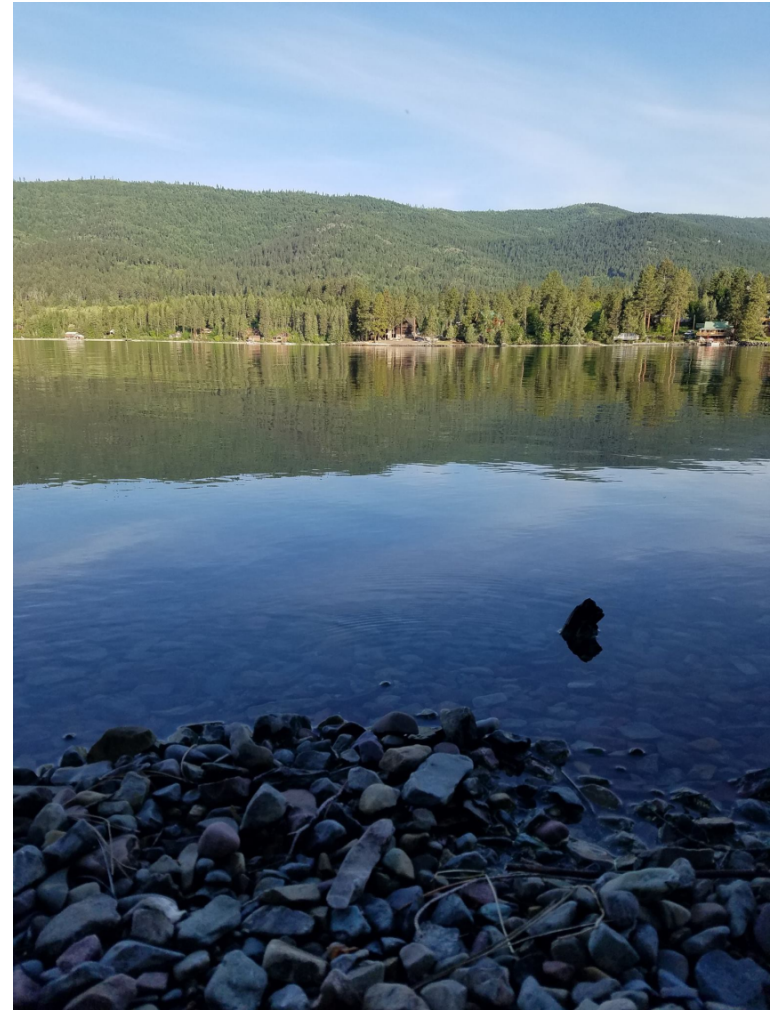


Teaching Leadership Skills to Future Rural Physicians: The TRUST Experience

Presenters: Elizabeth Polsin, Kelsey Kent, Liz Reed, Dave Evans, Toby Keys

What is TRUST?



1. Authentic leaders are self-aware and genuine.
2. Authentic leaders are mission driven and focused on results.

BE FEARLESSLY
BE AUTHENTIC

3. Authentic leaders lead with their heart.
4. Authentic leaders focus on the long term.

Retreat Curriculum Breakdown

Self-Awareness



Team Building



Skill Building



Student Evaluation Data 2014-1017

1-5 Likert Scale

1=Poor 2=Fair 3=Good 4=Very good 5=Excellent

Activity	Mean Scores for all four years	Mean score range by cohort years
Culture Chest	3.9	3.5 to 4.3
Leading a meeting	3.6	2.8 to 4.1
Negotiations	3.3	3.4 to 3.9
Myers-Briggs	3.7	2.7 to 4.1

Leadership Skill Building

- *The Leadership Retreat taught me some of the nuts and bolts of being a leader. I know I don't know everything, but I have a better understanding of where to start.*
- *The topics were empowering. I feel better prepared to tackle issues in and out of the clinic in the future. The topics had the potential for being esoteric, but in practice the talks were far from it.*

Inspiration/Community Building

- *I came in, following the first year of medical school, a little burnt-out and ready for a break. This retreat provided a perfect outlet to refuel my drive for the summer. I could not believe how welcoming each and every person was, and how fast all of us became a "family."*



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Q & A