







## "EBM is a team sport" and other Lessons Learned from Two Institutions' Successful EBM Curricula

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Jeff Weinfeld, MD, MBI, FAAFP Amanda Chiplock, MLIS, AHIP Grant Connors, MLS, AHIP Lindsay Thimmig, MD Candidate, Class of 2020

### **Disclosures**

 We are Family Medicine Faculty, Faculty Librarians, and an MD Student involved in the teaching and learning of evidencebased medicine at our respective institutions. We have nothing to disclose!

# Learning Objectives

By the end of the talk, the participant will be able to:

- Describe lessons learned from teaching EBM.
- Discuss the advantages and challenges of creating a librarian-physician team for teaching EBM.
- Identify challenges and barriers to integrating EBM into their school's curriculum and discuss solutions.
- Compare different types of assessments for EBM competencies.

### Poll

#### Who are the participants?

- Students
- Residents
- EBM Instructors of Residents
- Med School pre-clinical instructors
- Clerkship Directors/Residency Faculty
- Community Preceptors
- Clerkship Coordinators
- Other

### Introduction

- LCME
- EPAs
- Residency-level EPAs/ACGME competencies
- Mastery Rubric

## EBM Curricula (Blanco 2014)

- Majority of EBM objectives in M1 year
- Variety of learning objectives in multiple areas of Bloom's Taxonomy
  - Application level most common
- Variety pedagogies
- Clinicians predominated but also librarians and basic scientists
- Blanco et al. J Med Lib Assoc 102(3):2014

#### LCME Standard 7: Curricular Content

#### 7.1 Biomedical, Behavioral, Social Sciences

The faculty of a medical school ensure that the medical curriculum includes **content** from the biomedical, behavioral, and **socioeconomic sciences** to support medical students' mastery of contemporary scientific knowledge and concepts and the methods fundamental to **applying them to the health** of individuals and populations.

#### LCME Standard 7: Curricular Content

#### 7.3 Scientific Method/Clinical/Translational Research

The faculty of a medical school ensure that the medical curriculum includes **instruction in the scientific method** and in the basic scientific and ethical principles of clinical and translational research, including the ways in which such research is **conducted**, **evaluated**, **explained to patients**, **and applied** to patient care.

#### LCME Standard 7: Curricular Content

#### 7.4 Critical Judgment/Problem-Solving Skills

The faculty of a medical school ensure that the medical curriculum incorporates the fundamental principles of medicine, provides opportunities for medical students to acquire **skills of critical judgment based on evidence and experience**, and develops medical students' ability to use those principles and skills effectively in solving problems of health and disease.

### **LCME**

Critical judgment: The consideration, evaluation, and organization of evidence derived from appropriate sources and related rationales during the process of decision-making. The demonstration of critical thinking requires the following steps: 1) the collection of relevant evidence; 2) the evaluation of that evidence; 3) the organization of that evidence; 4) the presentation of appropriate evidence to support any conclusions; and 5) the coherent, logical, and organized presentation of any response. (Elements 7.4)

# Entrustable Professional Activities (EPAs)

- "Expectations for both learners and teachers ... that all medical students should be able to perform upon entering residency, regardless of their future career specialty" - AAMC
- Each EPA is "a unit of observable, measurable professional practice"

### EBM EPAs

- EPA 3: Recommend and Interpret
   Common Diagnostic and Screening Tests
- EPA 4: Enter and Discuss Orders and Prescriptions
- EPA 7: Form Clinical Questions and Retrieve Evidence to Advance Patient Care

## Mastery Rubric for EBM

Mastery Rubric - "outlines the desired knowledge, skills, and abilities (KSAs) for an entire curriculum—together with developmental performance levels representing how learners should progress from more naive to more expert in the domain of interest." (Tractenberg 2016)

## EBM MR Sample

KSAs	Beginner (Novice) Med 2	Intermediate (Apprentice) Med 4	Practitioner (Journeyman/Woman) Residency Graduate	Teacher (Master) EBM Course Faculty
EBM process	Understands the components of the EBM process, can complete them with assistance; developing the capacity to articulate the rationale behind each step in the context of any given problem/question.	Executes the steps of the EBM process with limited support (by supervisor/preceptor); can articulate the rationale behind each step in the context of any given problem/question.	Automatic and independent execution and self-monitoring of the EBM process for any given question/patient.	Recognized, documented experience with the EBM process; experience with assessing EBM learners at earlier stages and predicting what tasks should be done by them to improve and/or document their performance level in the EBM process.
Selecting, searching, and utilizing resources (Medline, online resources)	Completes a literature search of moderate complexity with some assistance; limited ability to modify searches based on question type. Limited understanding of various online sources, not able to complete information gathering at the point-of-care.	moderate complexity an question type. Able to a point-of-care. Can decid	nswer questions at the le if more formal/more required. Able to select	Recognized, documented experience with searching; experience with assessing EBM learners at earlier stages and predicting what tasks should be done by them to improve and/or document their performance level in selecting, searching, and utilizing resources.

Access via <a href="http://dx.doi.org/10.1080/10401334.2016.1146599">http://dx.doi.org/10.1080/10401334.2016.1146599</a> Table 1

## **ACGME Core Requirements**

IV.B.1.d) Practice-based Learning and Improvement Residents must demonstrate the ability to investigate and evaluate their care of patients, to **appraise and assimilate scientific evidence**, and to continuously improve patient care based on constant self-evaluation and lifelong learning. (Core)

IV.D.1.a) The program must demonstrate evidence of **scholarly activities** consistent with its mission(s) and aims. (Core)

IV.D.1.c) The program must advance residents' **knowledge** and **practice** of the **scholarly approach to evidence-based patient care**. (Core)

### **ACGME Milestones**

Milestone = "a significant point in development"

Describes trajectory from beginner to specialist (Milestones Guidebook)

Implementation of outcomes or competency-based GME

https://www.acgme.org/What-We-Do/Accreditation/Milestones/Overview/articleid/4536

### **FM Milestones**

Version 10/2015
PRACTICE-BASED LEARNING AND IMPROVEMENT

The family physician must demonstrate the ability to investigate and evaluate the care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and life-long learning.

Has not achieved Level 1	Level 1	Level 2	Level 3	Level 4	Level 5
	Describes basic concepts in clinical epidemiology, biostatistics, and clinical reasoning  Categorizes the design of a research study	Identifies pros and cons of various study designs, associated types of bias, and patient-centered outcomes  Formulates a searchable question from a clinical question  Evaluates evidence-based point-of-care resources	Applies a set of critical appraisal criteria to different types of research, including synopses of original research findings, systematic reviews and meta-analyses, and clinical practice guidelines  Critically evaluates information from others, including colleagues, experts, and pharmaceutical representatives, as well as patient-delivered information	Incorporates principles of evidence-based care and information mastery into clinical practice	Independently teaches and assesses evidence- based medicine and information mastery techniques

### Curriculum Description: Georgetown University School of Medicine

#### **Journeys Curriculum has three phases**

- 1. Foundational
- 2. Core Clinical
- 3. Advanced Clinical

19 Competencies divided into: knowledge, skills, and values.

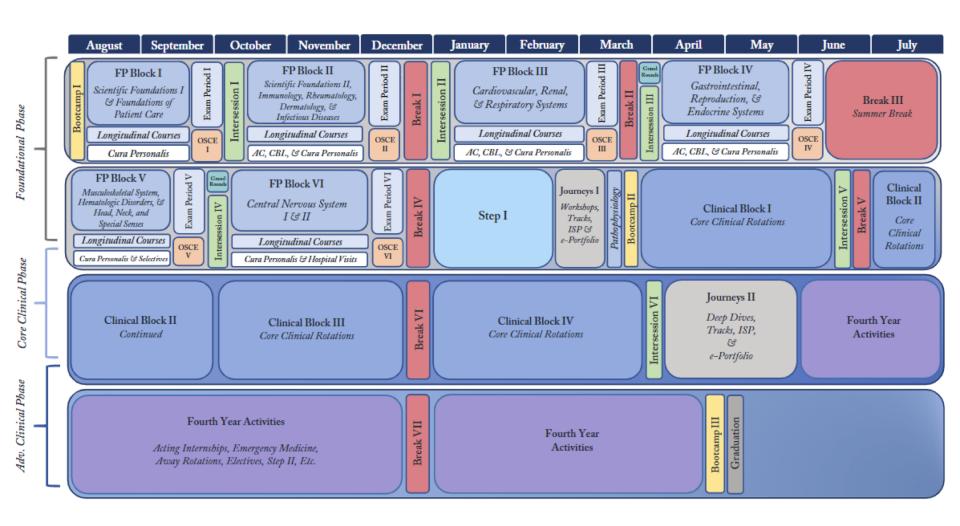
- 1 Acquire, integrate, and apply knowledge of biomedical science to the care of patients.
- **2** Demonstrate intellectual curiosity and a commitment to learning, critically evaluate new knowledge
- and determine its relevance to the clinical problems of individual patients.
- **8** Form clinical questions, **identify and evaluate appropriate information resources**, and apply evidence-based principles for the benefit of individual patients.

**Independent Scholarly Project**: The ISP is required for every student and integrates the various skills they learn from EBM.



#### Georgetown University School of Medicine

Journeys Curriculum



# Curriculum Description: Georgetown University School of Medicine

#### **EBM curriculum Course Objectives**

By the end of the course the student will be able to:

- Define, understand, and apply key concepts in biostats, epidemiology, and EBM to clinical situations and communicate evidence to patients
- Distinguish between common study designs and explain uses for each design
- Describe when to use common statistical tests and understand tests when used in published literature
- Apply concepts of statistics, epidemiology, and EBM to understand and critically evaluate a research study for the purpose of life-long learning and clinical excellence
- Conduct a MEDLINE literature search of moderate complexity
- Weigh multiple pieces of evidence, put into context w/ medical knowledge, and describe the analysis to peers
- Distinguish between the validity and utility of information sources, and fully utilize computer applications in practicing evidence-based medicine

### Curriculum Description: Georgetown University School of Medicine

#### **EBM Competencies**

- Define basic statistics, epidemiologic concepts, and study designs (K)
- Locate high quality medical information resources and know how to use them (K)\*
- Use computers to effectively to find answers to clinical questions at the pointof care (S)\*
- Complete an effective MEDLINE search of intermediate complexity (S)
- Assess the quality of a study (S)
- Critically evaluate the medical literature and weigh competing evidence (S)
- Balance evidence, clinical expertise, and patient preferences in medical decisionmaking (S)
- Believe in the value of life-long learning (A)\*
- Value evidence in making medical decisions over opinion (A)
- \* K = knowledge, S = skills, and A = attitudes

# Curriculum Description: Georgetown University School of Medicine

#### **EBM curriculum**

Covers eight of the 19 competencies, with Activity Specific Objectives

- **21** Recognize the value of a comprehensive MEDLINE search strategy; define MESH, limits, subheadings, keywords.
- **22** In written work, use in-text and reference-list citations; demonstrate appropriate quoting, citing, and paraphrasing;
- produce writing free from plagiarism and inappropriate copying and pasting by using the above strategies with an
- accepted reference style such as APA, MLA, or AMA (recommended).
- **26** Understand how to convert a PICO question into an OVID MEDLINE search. Choose appropriate MESH terms, limits,
- subheadings, and when beneficial keywords. Follow best searching practices to construct a complete search tailored
- to a foreground question.
- **30** Translate a well-formatted foreground clinical question into an OVID MEDLINE search of moderate complexity using
- MESH, appropriate limits and searching best practices to answer a clinical foreground question about therapy.
  - **31** Identify, locate and use secondary literature resources such as the Cochrane Collaboration.

# Curriculum Description: Georgetown University School of Medicine

#### Year 1 Fall

- •What is EBM?
  - Study design overview
- Lectures
- Statistics
  - Self eval and Intro
- Small Groups study

#### evaluations:

- Cohort Study
- Case-Control Study
- Randomized-Controlled Trial
- •Module Exams:
  - Scientific Foundations
     I & II

#### Year 1 Spring

- Statistics
  - Choosing a Statistical Test
    - Lecture and Team-Based Learning
  - JMP Stats software workshop
- Library Resources/Literature Search
  - Lit Search Tutorial and Quiz
  - Lit Search Workshop
  - Academic Writing Tutorial and Quiz
- •Small Groups study evaluations:
  - Rational Clinical Exam
  - Guideline

#### Year 2 Fall

- •EBM Project
  - Clinical scenario, background (BG) question, BG lit search, foreground (FG) question
  - FG question, PICO, FG lit search
  - RCT Evaluation
  - Weighing the Evidence Project Presentation
- Library Resources/Literature Search
  - Lit Search Tutorial 2: Clinical
  - Secondary Lit Search Tutorial and Quiz

# Curriculum Description: Schmidt College of Medicine at Florida Atlantic University

#### Integrated patient-focused curriculum:

- FAU 11 General Competencies all graduates are expected to achieve are:
  - Medical Knowledge & Research Skills
  - Lifelong Learning & Self-Improvement
- 5 Threads
  - Lifelong Learning & Discovery
- 4 Courses Year 1; 5 Courses Year 2:
  - Foundations of Medicine 1, 2, 3
  - Fundamentals of Biomedical Science
  - Pathophysiology and Therapeutics 4
  - Competency-based grading PCRS
     #3: Practice-Based Learning &
     Improvement Competency

Academic Calendar Years 1, 2, 3 and 4 for 2018-2019 Charles E. Schmidt College of Medicine YEAR 1 Class of 2022 YEAR 3 Class of 2020 YEAR 4 Class of 2019 Summer Break First LIC (Cont'd) Year 4 Block 3 07/16/18-07/20/18 (cont'd) 07/23/18-07/27/18 07/30/18-08/03/18 Year 2 Orientation 8/03/18 Year 4 Block 4 Year 1 Orientation **FBS** FOM 1 FOM 3 PT 2 ndamentals of Cardiovascula Foundations of Medicine 3 Respiratory Year 4 Block 5 Science (20 weeks) 09/03/18-09/07/18 (19 weeks) 09/10/18-09/14/18 PBL Block 1 09/17/18-09/21/18 09/24/18-09/28/18 Year 4 Block 6 9 weeks 10/01/18-10/05/18 Mid-year Shelf Exams (2 weeks) 10/15/18-10/19/18 10/22/18-10/26/18 Year 4 Block 7 PT 3 enal, Endocrine Reproduction Second Longitudinal 11/12/18-11/16/18 Integrated Clerkship (9 weeks) 11/19/18-11/23/18 Year 4 Block 8 Second 9 weeks (LIC 2) 11/26/18-11/30/18 PBL Block 2 (23 weeks plus vacation) Second 9 weeks 12/10/18-12/14/18 Winter Break 12/17/18-12/21/18 12/24/18-12/28/18 Winter Break Winter Break (2 weeks) Winter Break (3 weeks) 12/31/18-01/04/19 (3 weeks) (2 weeks) 01/07/19-01/11/19 01/14/19-01/18/19 01/21/19-01/25/19 NSB FOM 2 PT 4 FOM 3 01/28/19-02/01/19 uroscience & Year 4 Block 10 Infection. 02/04/19-02/08/19 Medicine 2 (9 weeks) (17 weeks) Hematology 02/11/19-02/15/19 (6 weeks) 02/18/19-02/22/19 02/25/19-03/01/19 Year 4 Block 11 (2 weeks) USMLE Step 1 Review and 03/11/19-03/15/19 Match Day Fri, March 15th 03/18/19-03/22/19 Spring Break (6 weeks) 03/25/19-03/29/19 Year 4 Remediation 04/01/19-04/05/19 Block 12 04/08/19-04/12/19 GI, Hematology 04/15/19-04/19/19 Nutrition Final Shelf Exams (8 weeks) (3 weeks) 04/22/19-04/26/19 Synthesis & Transition Friday, April 26, 2019 04/29/19-05/03/19 05/06/19-05/10/19 Year 4 Block 1 05/13/19-05/17/19 First Longitudinal Integrated 05/20/19-05/24/19 Clerkship 05/27/19-05/31/19 (10 weeks) 06/03/19-06/07/19 Year 4 Block 2 (23 weeks plus vacation) 06/10/19-06/14/19 06/17/19-06/21/19 06/24/19-06/28/19 07/01/19-07/05/19 Year 4 Block 3 Updated June 8, 2018

Join the conversation on Twitter: #MSE19

Curriculum Description: Schmidt College of Medicine at Florida Atlantic University

EBM curriculum:

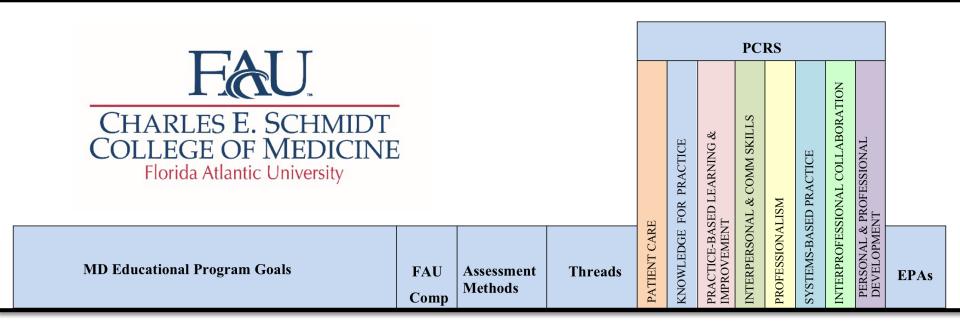
EBM Steps & Information Literacy

LCME Standards

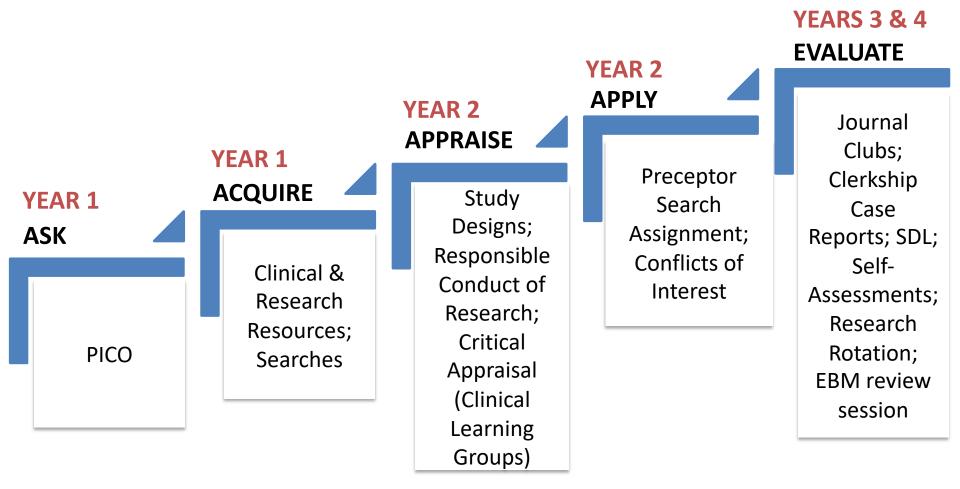
Lifelong
Learning &
Discovery
Thread
Objectives

MD Educational Program Goals + PCRS + EPAs

#### **EBM** curriculum:



# Curriculum Description: Schmidt College of Medicine at Florida Atlantic University



# 1-Minute Write Activity







What are the challenges and barriers to implementing an EBM curriculum and/or innovations to the existing curriculum, and what are the potential opportunities?

Complete the red section of the worksheet.

## Lessons Learned in Teaching EBM

## Partner With Other Departments

Create collaborations

Supplement your expertise

#### Examples

- Other Departmentsfor small group teachers
- Biostatistics Department expertise
- Library



## Library Collaboration

- Academic medical librarians have expertise in
  - Information literacy
  - Resources
  - Educational technologies
  - Adult learning theory & Instructional Design
  - Assessment
  - Research
- Evolving roles Role as Educator (pedagogy, curriculum design, mapping)
- Different viewpoints/perspectives
- Faculty- and student-focused



## Keep a Clinical Perspective

Great for all years to build motivation, relevance

EBM Video -

https://georgetown.box.com/s/sxuh6mq47ae814tyoorpz8cdxdizu2ax

Use a clinical case

Use higher-order Bloom's questions eg Application



## Applied instead of Abstract

- Focus on EBM rather than constituent parts
- Teach future clinicians
- Statistical literacy, not statistics
- Use instead of calculation



## Small Groups

NSIA (name says it all)? General benefits and "guidelines":

- Small groups encourage direct interaction
  - Between students and faculty AND students and students
- Showing knowledge, students sharing and discussing what they've learned
  - Comfort in familiarity...more "relaxed" setting
- Affords time for discussion and presentation
  - Sharing/exchanging of ideas

## **Small Groups**

- @ Georgetown SoM
- 10 12 students
  - Less intimidation and more active involvement
    - Safe learning space, encouraging the sharing of
      - Critical evaluation, study analysis, etc.
- Facilitators
  - Guide or maintain focus, NOT a lecture session or setting
    - Flipped classroom (more to come)
      - Students can lead...teach each other.
- Reading and evaluate studies
  - Cohort, Case-Control, RCT, Rational Clinical Exam, Guideline, and Project Presentation

# EBM Lends Itself to Flipped Classroom Techniques

- Self-directed learning
- Critical thinking/Reflection
- Integration of educational technologies and multimedia
- Reduction in curriculum time barriers
- Increased engagement & enjoyment
- Transfer of learning (knowledge) & self-efficacy (skills)
- Faculty development



Image credit: FAUmedschool. Retrieved from https://www.flickr.com/photos/134373002@N06/41077850951/in/album-72157695006083975/

# EBM Lends Itself to Flipped Classroom Techniques

#### Challenges:

- Assumes students are motivated to learn/participate
- Student prep work
- Students' and faculty members' frustrations
- Technology advances, cost
- Faculty development
- Lack of space



Image credit: FAUmedschool. Retrieved from https://www.flickr.com/photos/134373002@N06/41077852351/in/album-72157695006083975/

## Georgetown TBL Space



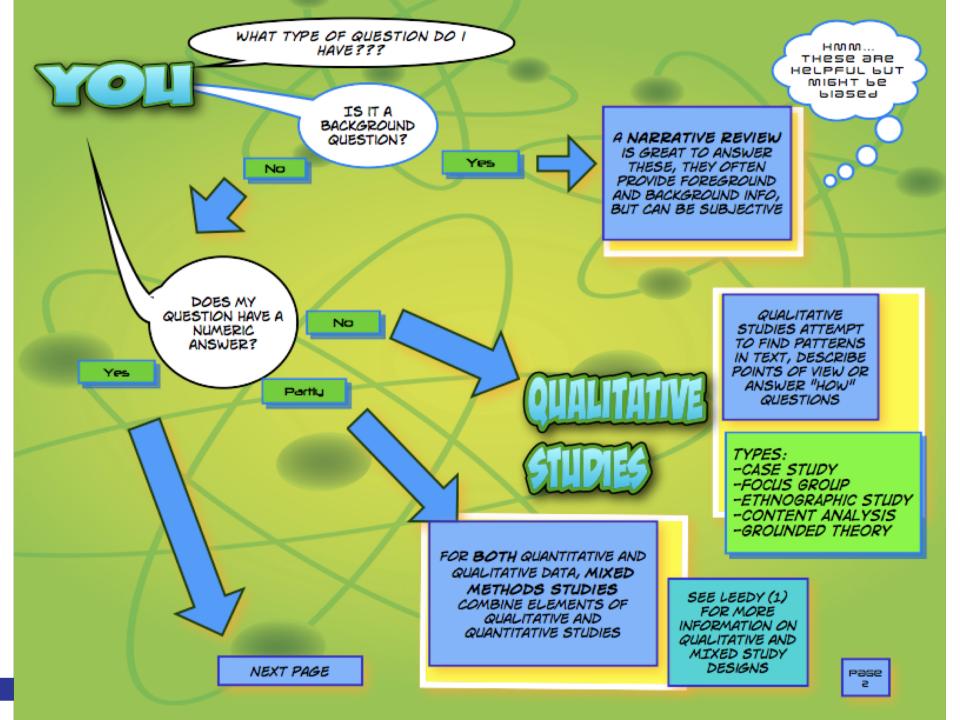
## Use Millennial Learning Resources

- Google (within reason)
- Handouts
- Cartoons/Memes
- First Aid for USMLE Step 1
- Videos:
  - Online MedEd
  - Healthcare Triage
  - Youtube searches
  - Boards review (Boards and Beyond, Doctors in Training)

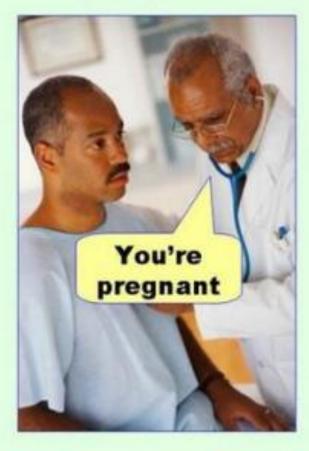




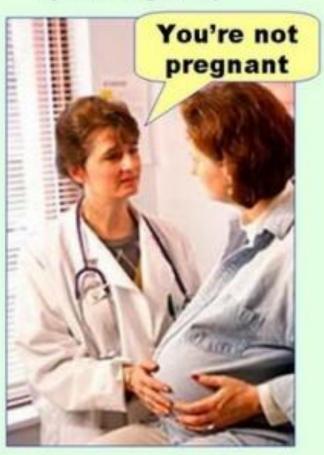


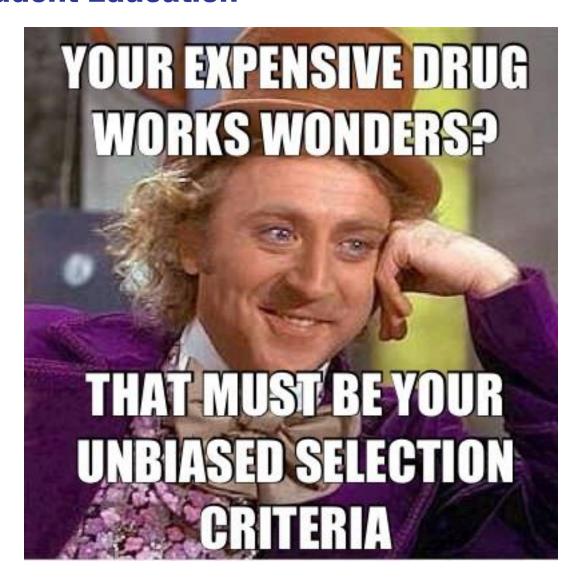


Type I error (false positive)



Type II error (false negative)





## Use Millennial Learning Resources

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- Videos:
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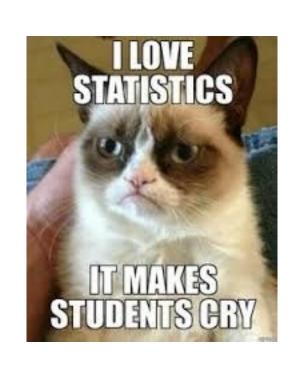






## Challenge Millennial Assumptions

- "I will never need to know this stuff when I am a practicing doctor."
- "This is too much detail about biostatistics!
   I will never be able to learn it all!"
- "Statistics are not my thing. That is why I am in medical school and not in public health school."
- "I'll just use Google or Uptodate if I need to look things up."





### Assessment Techniques: Learning

- Formative
  - Feedback
  - Self-assessment (FlipQuiz)
  - Longitudinal learning portfolios (reflective writing)
  - Think-Alouds
  - Self or Peer evaluations

#### Summative

- Critical appraisal of medical literature
- Preceptor Search Assignment (whole-task)
- Clinical write-ups
- Open-book, essay exam
- Multiple-choice exam

# Assessment Techniques: Program Evaluation/Student Experience

- Session evaluations
- Course evaluations
- Faculty evaluations
- Informal focus groups
- Observations (formal & informal)
- Surveys





# Assessment Techniques: Education Research Methods & Methodologies

#### Quantitative, Qualitative, Mixed

- Pre-/Post-test
- Focus groups
- Interviews
- Observation
- Questionnaires
- Review of Student work/document analysis
- Discourse analysis
- Video analysis

#### **Study Designs:**

- Action Research
- Case study
- Ethnography
- Grounded Theory
- Survey
- Experiments
- Comparison

# Assessment Examples from FAU Year 1, Fall

#### **Curriculum Activities:**

- Self-Directed Learning modules in LMS; Supplement to 4 Lectures
- Team-based, case-based exercises in large and small groups

#### Assessments:

- Formative assessments:
   FlipQuiz; Observation &
   feedback during TBLs & PBLs;
   Portfolio entries with feedback
- Summative assessments:
   Open-book, Essay Exam
- Program evaluation: Session & Course Evaluations; Informal observations & anecdotal feedback

# Assessment Examples from FAU Year 1, Spring

#### **Curriculum Activities:**

- Self-Directed Learning modules in LMS;
   Supplement to 1 Mini Lecture in Clinical Learning Groups
- Study Designs -Research Dept.
- Session & Course Evaluations

#### Assessments:

#### Formative assessments:

Comprehensive write-ups

#### **Summative assessments:**

Critical appraisal of a RCT

Program evaluation: Session

& Course Evaluations; Informal

observations & anecdotal

feedback

#### **Research Methodology:**

**Action Research** 

# CLG: Comprehensive Write-Up Evaluation Form

Clinical	Thinking:
----------	-----------

Problem list Rank order

Most important first

Complete All major active medical problems, risk factors

Assessment

Rank order Most important first

Discussion Incorporates history and PE data

Differential Appropriately justified

Plan

Diagnostic Justifies reason based on differential

Therapeutic Dose, route, duration

Pt education Health Maintenance, Counseling etc...

#### **Use of EBM:**

At least 3 reputable sources are cited as justification for the assessment and plan.

Needs Significant Help		On Target	Well Above Expectations			
1	2	3	4	5		
Clinical Thinking:						
				-		
О	О	О	О	О		
Comments						
Comments:						
Use of Evidence-based Resources/Guidelines:						
О	О	О	О	О		
<b>a</b>						
Comments:						

## Lessons Learned: Assessment Techniques

- Longitudinal learning portfolios reflective writing
  - Relevancy Tied to specific competency assessment
- Clinical write-ups
  - Relevancy Added critical appraisal assignment
- Integrated question on Open-book exam & Multiple-choice exam
  - Short, simple, relevant
  - Provide resources & dates

### 5-Minute Reflection







What is working well in EBM instruction at your institution?

What needs improvement in EBM instruction at your institution?

Complete the top portion of the **yellow** section of the worksheet.

## Pair/Share Activity







- Refer to worksheet.
- 2. Reflection on the challenges/barriers and opportunities for implementing EBM at you home institutions.
- 3. Develop an Action Plan including,
  - (a) identifying stakeholders and strategies
  - (b) list of partners or facilitators
  - (c) goals for implementation/changes
  - (d) 3-month, 6-month, 9-month, and 1-year action items
  - (d) list of contacts for support (i.e., network)
- 4. Share with neighbor
- 5. Report out

**P** (problem; chief complaint)

(intervention; action items)

**C** (comparison; what works?)

O (outcome; goals)

10 minutes

## Wrap Up

- Summary of key ideas
- Q&A

## Thank you - Contact Information

Jeff Weinfeld
Amanda Chiplock
Grant Connors
Lindsay Thimmig

Jeff.Weinfeld@georgetown.edu achiplock@health.fau.edu gc275@georgetown.edu Imt46@Georgetown.edu

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